

# THE BULLETIN

OF THE 60+ CLUB

Volume 38, Number 1  
September 2023  
Karen Polyniak, Editor

CALIFORNIA STATE UNIVERSITY BAKERSFIELD  
19AW, 9001 Stockdale Highway Bakersfield, CA 93311  
[www.csub.edu/60plus](http://www.csub.edu/60plus)

## President's Message

Carla Stanley

(428-1517, [searosas53@hotmail.com](mailto:searosas53@hotmail.com))

Welcome back! I'm excited to be the new president of this organization. I see the purpose of the 60+ Club as being personal enrichment through lifelong learning, social activities and volunteerism in the campus environment. We will be the best we can be by utilizing the resources of the university and the experience of its members. We are already planning the 2024 Elder College and have been hard at work organizing for a new year. We welcome back from hiatus volunteering at the Well Repository and we're adding a new Interest Group "Crafty Paper Arts". We ask members to share skills and ideas. Check out all of our activities. Meet new people. Look through The Bulletin and find something of interest. Hope to see you at Possibilities Day or even sooner at Fun & Games.

Next board meeting will be **Thursday, September 7 at 1:30 pm** in the University Advancement Conference Room. Anyone is welcome to attend, but we are limited to space so if any non-Board members would like to attend, please contact me.

## **Possibilities Day - Thursday, September 14 at 9 am at the CSUB Student Union**

We will meet at the CSUB Student Union's Multipurpose Room to welcome you all to Possibilities Day. Shown to the right is Dr. Vernon Harper, CSUB Provost, who will be our guest speaker. Then introduction of officers and interest group and activity group leaders follows. Group leaders should arrive at 8:15 am to help set up their tables. Please wear your 60+ gear (badge, shirt, hat).



The Possibilities Day flyer is included and includes pertinent information about the event as well as a map denoting the location of the Student Union as well as Parking Lots M and K2 where free parking is available. A direct weblink to the flyer is located here:

<https://maindata.csub.edu/sites/maindata.csub.edu/files/60%2B%20Club.pdf>

## Welcome Committee

Vice President (Membership)

Lois Hess

(663-0198, [dmhess88@lightspeed.net](mailto:dmhess88@lightspeed.net))

Membership renewal fees for the 60+ Club 2023-2024 year are now due. A copy of the revised 2-page form is being sent separately to last year's members that have not yet renewed. The form can be found at the direct weblink shown here: <https://maindata.csub.edu/media/63411/download?inline>. Each member is to submit a separate form so please read carefully and fill out both sides. You can either bring the form and payment by check to Possibilities Day or send in as indicated in the form.

## Editor's Note

Karen Polyniak

(246-8763, [kpoly@earthlink.net](mailto:kpoly@earthlink.net))

The next issue will be for **October 2023** and that deadline is **Friday, September 15**.

**Splinters from the Board****Carla Stanley****(428-1517, searosas53@hotmail.com)**

This feature is for keeping the general membership informed on what the board is discussing so you can have an understanding of the activities behind the scenes. From our August Board Meeting:

- Two board positions opened up. (Note: Joining the board is the best way to know what's going on.) We are looking for a Director-at-Large and Co-Vice President (Communications). Carole Guillory will work with the Co-VP this year so they will know what to do. Please call me for more information on these positions.
- Possibilities Day was planned. Scholarship, Budget, and Elder College meetings were scheduled.

**Elder College****Carla Stanley****(428-1517, searosas53@hotmail.com)**

Elder College 2024 is planning a two-day April 2024 classroom/field trip event. The plan is to prime your mind in the “classroom” as experts speak to you on the fascinating history of man and nature in Kern Canyon - Bakersfield’s Grand Canyon. Then the all-day field trip will travel via the Kern Canyon to culminate at the Kern Valley Museum for a docent lead tour through the museum and the research annex. Let me know if you would like to be on the committee.

Call for Volunteers to Participate in CSUB Kinesiology Department Research

The 60+ Club has been asked to participate in a research study being conducted by the CSUB Kinesiology Department. The purpose of the study is to investigate how cardiovascular health, lower body strength, and falling risk responds to 4 weeks of creatine supplementation in older adults. They hypothesize that creatine intake may improve cardiovascular health, muscular strength, and falling risk. You need to be over 60 in age, in general good health, be a nonsmoker and have no heart or blood pressure meds nor current orthopedic injury. They would like to start the study at the beginning of the Fall Semester. Please contact Graduate Student Money Ghimire, B.S. (mghimire@csub.edu) for more information.

**Action Network****Sheila Ross****(444-6839, sheiro6@aol.com)**

At Possibilities Day everyone will have the opportunity to sign up for our various Interest and Action Network Groups. The chairs of each group will be on hand to explain what the group does and how you can volunteer (Action Groups) or just show up to meet new people and share common interests (Interest Groups).

Action Network changes this year include:

- Regarding Athletic Events - at this time, most events are being handled by students except for the men's basketball pre-home game VIP hospitality room. Volunteers gain free admission to the game.
- An update about the re-opening of the Well Repository will be provided on Possibilities Day

**Fine Arts Theater****Billie Swanson****(587-2544, billieswanson@icloud.com)**

Hope everyone had a great summer and is looking forward to getting back to 60+ Club activities. Hope to see you on Possibilities Day. The first theater performance is *The Courage to Right a Woman’s Wrong* and starts **Thursday, October 26**. I will start calling for volunteers in October. The entire schedule is shown below. Play details will be in the next *Bulletin*:

**Thursday, October 26 through Saturday, October 28 at 7:30pm**  
**Sunday, October 29th at 2pm.**

Admission: General \$12, Seniors (60+/CSUB Faculty and Staff) \$10, Students. \$7

**Fine Arts Music****Peggy Bryson  
Donna Bartlett****(333-5623)  
(833-0721, dshutcherson@yahoo.com )**

CSUB Music Faculty Recital: Members and guest artists perform music by women composers.

**Sunday, September 17 at 2 pm** at the Doré Theatre

Admission: General \$12, Seniors (60+) & Students \$7, CSUB Students Free with ID

CSUB Concert Band with Guest Artist Saxophonist Dr. Chika Inoue performing André Waignein's virtuosic Rhapsody for Alto Saxophone.

**Saturday, September 23 at 6:30 pm** at the Doré Theatre

Admission: General \$12, Seniors (60+) & Students \$7, CSUB Students Free with ID

The next event is free and no volunteers are needed but 60+ members may enjoy attending:

CSUB Orchestra

**Thursday, September 28 at 7 pm** at the Doré Theatre.

**Short Term Project – Party in the Park** Carla Stanley (428-1517, searosas53@hotmail.com)

The Alumni Association is sponsoring Party in the Park on **Friday, October 20 from 6 to 9 pm**. The event raises money for scholarships. The 60+ Club has been asked for volunteers to assist with some of the activities (example: serving alcohol or helping at the Silent Auction tables). 60+ volunteers must contact me with name, number, and email (the majority of information will be sent via email). Tickets are not required if volunteers are there for 2+ hours however there are limited volunteer spots for 60+ Club members. Volunteers must show ID at the door.

**Walter Stiern Memorial Rose Garden** Carla Stanley (428-1517, searosas53@hotmail.com)

The Walter Stiern Memorial Rose Garden made it through the hot summer with few casualties thanks to the mulch supplied by CSUB and the efforts of the rose garden volunteers. We will meet to tidy up the rose garden on **Saturday, September 9 from 8 – 9 am**. Bring pruning shears and gloves. If you want to weed, a small spade or garden fork works well. Thank you all for your help.

**Interest Groups****Sheila Ross****(444-6839, sheiro6@aol.com)**

Interest Group changes this year include:

- “Coffee with the Professor” is under evaluation at this time
- New Interest Group “Crafty Paper Arts” will be facilitated by Karen Polyniak on the second Tuesdays of the month starting in October

**Crafty Paper Arts****Karen Polyniak****(246-8763, kpoly@earthlink.net )**

I am pleased to start a new interest group where we will create various fun paper objects. It will be held on the second Tuesday afternoon of the month starting in October. Come to Possibilities Day to find out and see what you can create in one session. Many materials will be provided but some will require scissors, a glue stick and transparent tape. We have not yet confirmed a location so look at the next *Bulletin* for information.

**Dinner Club****Linda Cohen****(599-0799, linmar@bak.rr.com )**

The Dinner Club will meet on **Tuesday, September 19, at 5:30 pm** at Yard House, 10308 Stockdale Highway. Please reserve your spot by Sunday, September 17 as the reservation has to be confirmed by Monday.

<b>Fiber Arts</b>	<b>Judy Lawhead</b>	<i>(364-3525, <a href="mailto:Judy.Lawhead@sbcglobal.net">Judy.Lawhead@sbcglobal.net</a> )</i>
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We meet weekly **Wednesday morning at 10 am** at Panera Bread at 4108 California Ave. We work on individual projects and items for donation. While we do a lot of knitting and crocheting we also welcome members who like to loom, cross stitch, needlepoint, embroider and do tatting. We have teachers and supplies for those who would like to learn to knit and crochet. And we would welcome anyone that would like to just have a cup of coffee and visit.

<b>Fun &amp; Games</b>	<b>Carole &amp; Bob Guillory</b>	<i>(665-2148, <a href="mailto:bcguillory@sbcglobal.net">bcguillory@sbcglobal.net</a> )</i>
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Fun and Games will be on **Wednesday, September 6 at 1 pm**. Come join us at Round Table Pizza, 4200 Gosford Road for a no-host lunch at noon with games following. Remember, we are always open to new and exciting games!

<b>Lunch Bunch</b>	<b>Nancy Hine</b>	<i>(619-7539, <a href="mailto:smilenhine@hotmail.com">smilenhine@hotmail.com</a>)</i>
	<b>Charlene Edwards</b>	<i>(397-8850, <a href="mailto:cedwards8@bak.rr.com">cedwards8@bak.rr.com</a>)</i>

Lunch Bunch will meet the second **Wednesday, September 13**, at MAMA TOSCA'S ITALIAN RISTORANTE, 9000 Ming Ave. Mama Tosca's is located on the west side of the Marketplace Plaza between Victoria's and Sole to Soul. We will gather there at **11 am** and place our orders at 11:30. Call Nancy Hine by Tuesday, September 12, to reserve a seat.

<b>Readers Group</b>	<b>Kathy Wagner</b>	<i>(805-8767, <a href="mailto:Jonwag49@earthlink.net">Jonwag49@earthlink.net</a>)</i>
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The Readers' group will meet on **Wednesday, September 20, at 2 pm**, at 6719 Chinook Drive, 93312 and the phone number is 661-747-9563. We will discuss the trilogy by Hilary Mantel about Thomas Cromwell.

<b>Fred &amp; Beverly Dukes Memorial Concert Series</b> ( <a href="https://fccbakersfield-ucc.org/dukes-concert">https://fccbakersfield-ucc.org/dukes-concert</a> ).
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The Dukes were members of the 60+ Club and had endowed these concerts. First Congregational Church/UCC on **Sundays at 4 pm**. Location is in the sanctuary of the church at 5 Real Rd. (at the corner of Stockdale Hwy. and Real Rd). Here's what is scheduled for September:

<b>September 24:</b>	Bonhomie Duo - Accordionist Richard Noel & Vocalist Janice Hubbard
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<b>SEPTEMBER 2023</b>						
<b>S</b>	<b>M</b>	<b>T</b>	<b>W</b>	<b>T</b>	<b>F</b>	<b>S</b>
					<b>1</b>	<b>2</b>
<b>3</b>	<b>4 Labor Day</b> (campus closed)	<b>5</b>	<b>6</b> Fiber Arts 10a Fun & Games 1p	<b>7</b> <b>Board Meeting 1:30p</b>	<b>8</b>	<b>9</b> Rose Garden 8a
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b> Fiber Arts 10a Lunch Bunch 11:30a	<b>14</b> <b>Possibilities Day 9a</b>	<b>15</b> <b>Bulletin Deadline</b>	<b>16</b>
<b>17</b> CSUB Music 2p	<b>18</b>	<b>19</b> Dinner Club 5:30p	<b>20</b> Fiber Arts 10a Readers 2p	<b>21</b> Scholarship Planning 10a	<b>22</b>	<b>23</b> CSUB Music 6:30p
<b>24</b> Duke's Concert 4p	<b>25</b>	<b>26</b>	<b>27</b> Fiber Arts 10a	<b>28</b> CSUB Music 7p	<b>29</b>	<b>30</b>



## 60+ CLUB

CSU BAKERSFIELD

### **Possibilities Day for Retirees and Seniors**

Thursday, September 14, 2023, 9:00 a.m.  
CSUB Student Union Multipurpose Room  
9001 Stockdale Highway

#### **Special Guest Speaker**

Dr. Vernon Harper  
CSUB Provost

Free admission  
(Complimentary parking in Lots M and K2 only)  
See back for directions.

The 60+ Club is celebrating three decades as a partnership that creates a bond between the university and the community of retired persons. The club's purpose is to provide personal and educational enrichment, volunteer opportunities, and social activities.

Membership is open to anyone who retired or over the age of 60. College attendance or graduation is **not** required.

Annual memberships are \$50 which include a parking pass, and \$40 without a parking pass. Only **checks** will be accepted at this event and membership packets will be mailed.

For questions, call the  
Office of Alumni Engagement (661) 654-3211

### Arriving at CSU Bakersfield from NORTH of Bakersfield:

- Take Interstate 99 SOUTH toward Bakersfield
- Exit 99 at California Avenue
- At the traffic light, turn right onto California Avenue
- Continue on California Avenue for about 1.5 miles
- Turn right at Stockdale Highway
- Continue on Stockdale Highway for about 2.6 miles
- Turn left into campus on Don Hart Drive West

### Arriving at CSU Bakersfield from SOUTH of Bakersfield:

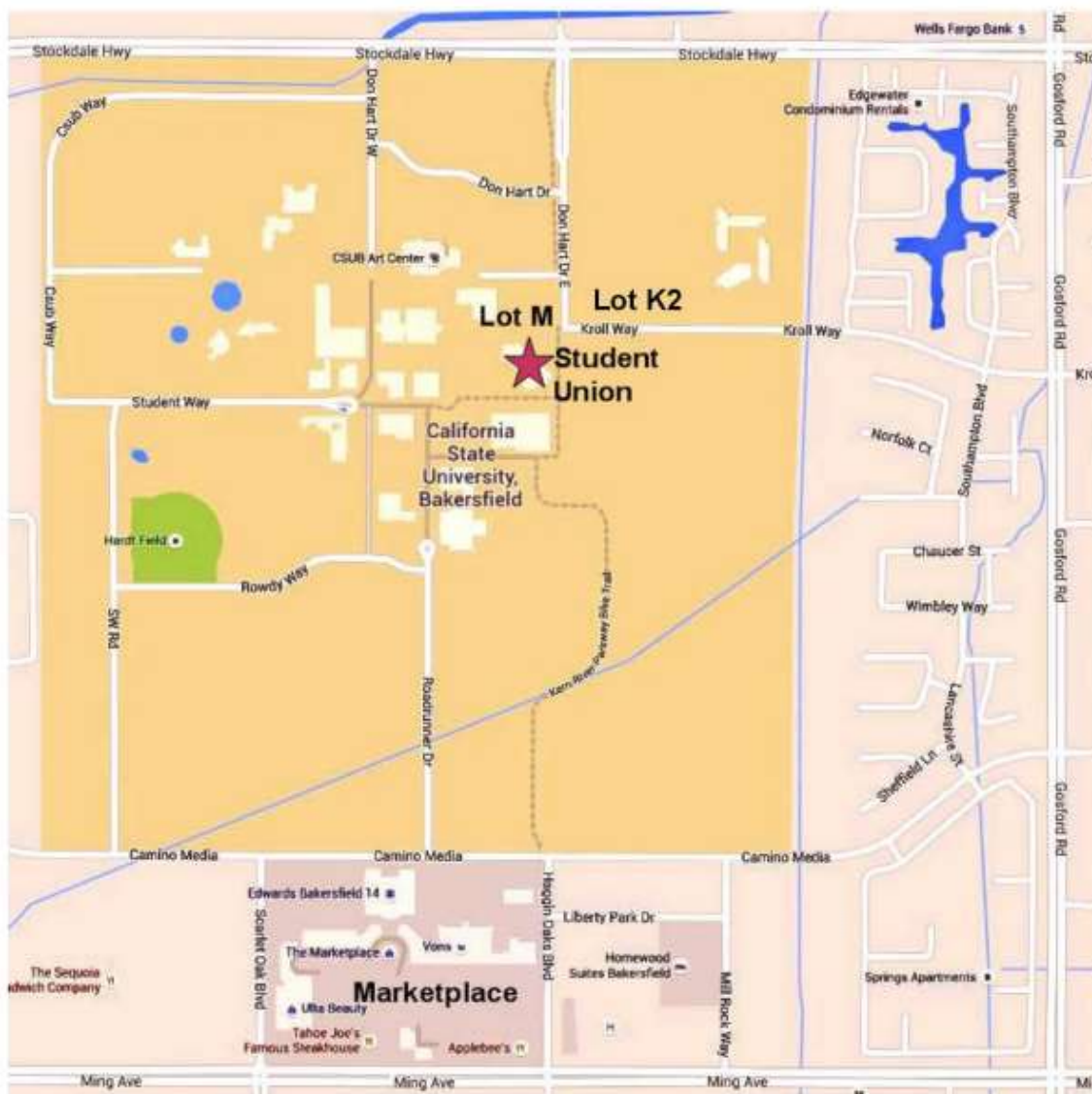
- Take Interstate 99 NORTH toward Bakersfield
- Exit 99 at Stockdale Highway
- Bear to the LEFT on the transition road when you exit the freeway
- At the traffic light, turn left onto Wible Road
- Immediately turn left at Stockdale Highway
- Continue on Stockdale Highway for about 3.9 miles
- Turn left into campus on Don Hart Drive West

### Arriving at CSU Bakersfield from WEST via Interstate 5

- Take the Stockdale Highway exit east toward Bakersfield for about 13 miles
- Turn right onto campus on Don Hart Drive West

### Arriving at CSU Bakersfield from EAST of Bakersfield:

- Take State Route 58 WEST toward Bakersfield
- Turn right onto S. Real Road - prepare to make a quick left turn
- Turn left onto Stockdale Highway
- Continue on Stockdale Highway for about 3.5 miles
- Turn left into campus on Don Hart Drive West



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Volume 38, Number 2.1  
October 2023  
Karen Polyniak, Editor

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## President's Message

Carla Stanley

(428-1517, [searosas53@hotmail.com](mailto:searosas53@hotmail.com))

Thank you all so much for your help making Possibilities Day a success. Guest speaker Dr. Vernon Harper was a phenomenal speaker and recognized the value of volunteerism and creating a caring CSUB family. I look forward to seeing his work as the Interim President of CSUB in the following year. New members came forward with ideas for new club activities that will be announced in the coming months.

I hope to see everyone at our General meeting on October 12 in the Stockdale Room. We will be selling 60+ merchandise (shirts, hats, buttons and cups).

We will also have a "Green Table". Anyone can bring items that they would like to re-home - for example, craft items, books, puzzles. Items should be sized to easily carry.

The next Board meeting will be **Thursday, October 5 at 1:30 pm**. Anyone is welcome to attend but we have limited space, so any non-board members need to contact me ahead of time.

## Communications Committee

Vice President (Programs)

Carole Guillory

(665-2148, [bcguillory@sbcglobal.net](mailto:bcguillory@sbcglobal.net))

Assistant to VP (Programs)

Jane Cuellar

(388-7154, [jacuellar58@gmail.com](mailto:jacuellar58@gmail.com))

**General Meeting - Thursday, October 12 at 2 pm** in the Stockdale Room which is located at the Runner Café. Parking will be in Lots M and K1. There will be signs guiding us to our parking spots. Don't risk a parking ticket, place your parking pass on your dash.

Our speaker will be Sasha Biscoe who is the Statewide President of the Friends of Allensworth. Sasha will share with us the history of the town of Allensworth which was established in 1908 by Lt. Col. Allen Allensworth who was a former slave, a navy lieutenant colonel, an educator, a pastor and a community leader. He had the vision to create a town where Black residents could prosper.



**Food Pantry** – We collect goods at each General Meeting. The needs for October include microwaveable meals such as Mac n' Cheese, Top Ramen and Cup of Noodles. As always, any items are appreciated including personal hygiene products. The question was asked by one of our members if they accepted fresh produce . . . think about the over abundance of home gardens such as grapefruit, oranges, zucchini, tomatoes, etc. The answer is YES, YES and YES.

We also wanted members to "Save the Date" of **Friday, December 8** for the Holiday Luncheon at Stockdale Country Club!

## Editor's Note

Karen Polyniak

(246-8763, [kpoly@earthlink.net](mailto:kpoly@earthlink.net))

The next issue will be for **November 2023** and that deadline is **Sunday, October 15**.

## *In Memoriam*

**Michael "Mike" Mills** 1951-2023  
<https://www.tributearchive.com/obituaries/28976394/michael-ray-mills>

**Splinters from the Board** **Carla Stanley** (428-1517, [searosas53@hotmail.com](mailto:searosas53@hotmail.com))

This feature is for keeping the general membership informed on what the board is discussing so you can have an understanding of the activities behind the scenes. From our September Board Meeting:

- The Goldenaires were confirmed for our entertainment for our December luncheon.
- Jane Cuellar is Assistant VP (Programs) and Jim Mitchell is Director-at-Large.
- We are concerned the about recruitment of new members needed to keep 60+ Club active.
- Fundraisers were discussed as a measure to continue our scholarship and pay costs for our activities.

**Elder College** **Carla Stanley** (428-1517, [searosas53@hotmail.com](mailto:searosas53@hotmail.com))

Elder College 2024 is planning a two-day April 2024 classroom/field trip event. The plan is to prime your mind in the "classroom" as experts speak to you on the fascinating history of man and nature in the Kern Canyon—Bakersfield's Grand Canyon. The next day will be a day long bus trip via the Kern Canyon cumulating at the Kern River Valley Museum for a docent lead tour through the museum and the research annex. Details and activities are being discussed and checked out. If you have any suggestions, please drop me a note.

**Action Network** **Sheila Ross** (444-6839, [sheiro6@aol.com](mailto:sheiro6@aol.com))

Regarding Athletic Events – CSUB will be using students for ushering all events at this time so no 60+ volunteers are required.

**Fine Arts Theater** **Billie Swanson** (587-2544, [billieswanson@icloud.com](mailto:billieswanson@icloud.com))

Hope everyone enjoyed Possibilities Day. It was a great turn out especially for Theatre Arts volunteers. The next play is *The Courage to Right a Woman's Wrongs*, directed by David Melendez and performed in the Doré Theatre. It highlights one of the Spanish Golden Age's most accomplished female playwrights in this recently translated play. Leonor, intent on bringing her unfaithful lover to justice, crosses geographical boundaries and defies social expectations of gender in a crusade to restore her lost honor. Duels, bandits, and mistaken identities are delightfully combined in this 17th century comedy. Please call me if you have a special date to volunteer, I will be calling in October for volunteers.

**Thursday, October 26 through Saturday, October 28 at 7:30pm**  
**Sunday, October 29 at 2pm.**

Admission: General \$12, Seniors (60+/CSUB Faculty and Staff) \$10, Students. \$7



**Fine Arts Music****Peggy Bryson  
Donna Bartlett****(333-5623)  
(833-0721, dshutcherson@yahoo.com)**

There are no October music events scheduled at this time.

**Walter Stiern Memorial Rose Garden    Carla Stanley    (428-1517, searosas53@hotmail.com)**

The Walter Stiern Memorial Rose Garden will need its monthly weed and pruning **on Saturday, October 14 from 8-9 am**. Bring pruning shears and gloves for pruning, garden fork and shovel and a bucket for weeding. Knee pads help too. Thank you for any help you can provide.

**Well Sample Repository    Kim Jones    (619 985-5127, kimithjones@gmail.com)**

The Well Repository had a good response at Possibilities Day with eleven members signing up. According to Mr. James, the Curator, we may be able to start “repackaging” in mid-October. Things have to be finalized with CSUB and students trained. More information to follow as it becomes available. I will email everyone on the sign-up sheet in a few weeks. Let me know if you want to be added to the list.

**Interest Groups    Sheila Ross    (444-6839, sheiro6@aol.com)****Conversation with the Professor    Ted Murphy    (325-0307, tmurphy@bak.rr.com)**

“Coffee with the Professor” is changing its name but not the list of outstanding speakers! The first professor to enlighten us will be Dr. Brandon Pratt, Professor of Biology, a specialist in the physiological ecology of California's shrub lands, who will talk on "California's Unique Shrub Lands: The Global Context". He will describe the connections between drought, fire and climate change in California's unique ecosystems, things even the politicians don't know about!



Future speakers include: Dick Noel, world class accordionist, who will describe the innovations he has made to the digital accordion he plays in his amazing performances; Merry Pawlowski, Executive Director of CSU Emeritus and Retired Faculty, author of *Joseph Conrad and Material Culture: From the Rise of the Commodity Transcendent to the Scramble for Africa* and speakers from Music, Public Policy and so on.

Although we will not have coffee, I will bring bottled water and a sweet snack. The session will commence at **2 pm on Monday, October 16** in the Dezember Leadership Development Center Executive Seminar Room 402D. Remember to use your parking pass at the reserved spaces adjacent to the building which is located near the President’s Office, east of the Tennis Courts.

**Crafty Paper Arts    Karen Polyniak    (246-8763, kpoly@earthlink.net)**

Our first session will be on **Tuesday, October 10 at 1 pm**. We will meet at the Southwest Branch of the Kern County Library, 8301 Ming Avenue. We’ll be in their meeting room located to the left as you enter the building. I will help you make an origami butterfly and a frog from dollar bill sized paper. Paper will be provided but you can bring your own dollar bills to fold.

**Dinner Club    Linda Cohen    (599-0799, linmar@bak.rr.com)**

The Dinner Club will meet on **Tuesday, October 17 at 5:30 pm** at Viceroy Indian Cuisine in The Shops at River Walk. Please RSVP by Monday, October 16th.

**Fiber Arts** **Judy Lawhead** (364-3525, [Judy.Lawhead@sbcglobal.net](mailto:Judy.Lawhead@sbcglobal.net))

We meet weekly **Wednesday morning at 10 am** at Panera Bread at 4108 California Ave. We work on individual projects and items for donation. While we do a lot of knitting and crocheting we also welcome members who like to loom, cross stitch, needlepoint, embroider and do tatting. We have teachers and supplies for those who would like to learn to knit and crochet. And we would welcome anyone that would like to just have a cup of coffee and visit.

**Fun & Games** **Carole & Bob Guillory** (665-2148, [bcguillory@sbcglobal.net](mailto:bcguillory@sbcglobal.net))

Fun and Games will meet on **Wednesday, October 4** at Round Table Pizza on 4200 Gosford Road in the small party room. The no-host lunch will be at **noon** with the games starting at **1 pm**. At the present time we are playing Mexican Train and Mahjong, but we are open to new games. Bring your favorite games to the meeting. We had several new members sign up at Possibilities Day. So, hopefully, they will be joining us for fun and games. Anyone with questions can contact me at the number above or on my cell at 599-4392.

**Lunch Bunch** **Nancy Hine** (619-7539, [smilenhine@hotmail.com](mailto:smilenhine@hotmail.com))

Lunch Bunch will meet the second **Wednesday, October 11** at the Red Pepper, 2641 Oswell St. in the East Hills Village south of Highway 178. We will gather there at **11 am** and place our orders at 11:30. Call Nancy Hine by Tuesday, October 10, to reserve a seat.

**Readers Group** **Kathy Wagner** (805-8767, [Jonwag49@earthlink.net](mailto:Jonwag49@earthlink.net))

The Readers' Group welcomes our new members and hopes they will enjoy our meetings. We will meet **Wednesday, October 18 at 2 pm** to discuss *The Thousand Autumns of Jacob de Zoet* by David Mitchell. The address is 3101 Boulder Lane, 93309. If you are new and want to attend or if you are a "regular" and not able to attend, please call 834-9449. For any further information, please call me.

**Party in the Park – Friday, October 20 starting at 6pm**

In CSUB's Alumni Park. This event funds alumni scholarships and alumni-mentoring student initiatives. For more info, link to: [www.csub.edu/alumni/party-park](http://www.csub.edu/alumni/party-park).

<b>OCTOBER 2023</b>						
<b>S</b>	<b>M</b>	<b>T</b>	<b>W</b>	<b>T</b>	<b>F</b>	<b>S</b>
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b> Fiber Arts 10a Fun & Games 1p	<b>5</b> <b>Board Meeting 1:30p</b>	<b>6</b>	<b>7</b>
<b>8</b>	<b>9</b>	<b>10</b> Crafty Paper Arts 1p	<b>11</b> Fiber Arts 10a Lunch Bunch 11:30a	<b>12</b> <b>General Meeting 2p</b>	<b>13</b>	<b>14</b> Rose Garden 8a
<b>15</b> <b>Bulletin Deadline</b>	<b>16</b> Convo w/ Prof 2p	<b>17</b> Dinner Club 5:30p	<b>18</b> Fiber Arts 10a Readers 2p	<b>19</b>	<b>20</b> Party In The Park 6p	<b>21</b>
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b> Fiber Arts 10a	<b>26</b> CSUB Theatre 7:30p	<b>27</b> CSUB Theatre 7:30p	<b>28</b> CSUB Theatre 7:30p
<b>29</b> CSUB Theatre 2p	<b>30</b>	<b>31 Hallowe'en</b>				

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## President's Message

Carla Stanley

(428-1517, [searosas53@hotmail.com](mailto:searosas53@hotmail.com))

Thank you to all who attended our October General meeting and enjoyed the presentation on Allensworth State Park by Sasha Biscoe. We had a cart of food donated for the Food Pantry. Every donation will help a student deal with food insufficiency as they are attending college and trying to stretch their limited dollars to cover all of their needs.

The Green Table was a success with diverse items ranging from books and craft items to jigsaw puzzles finding new homes. Please join in the fun and bring things to trade.

I would love to hear from our members about any activities you would like to be involved in. It could be a one-time event such as a dance or a health and safety fair, or a continuing activity like Fiber Arts or Book Club. We are only limited by our imaginations!

Check out the last page of *The Bulletin* for information and the reservation form for our Holiday Lunch to be held on **Friday, December 8** at Stockdale Country Club. Reservations are due **December 4**.

The next board meeting will be on **Thursday November 2 at 1:30 pm**. Anyone is welcome to attend, but we have limited space. Any non-board member needs to contact me ahead of time.

## Communications Committee

Vice Presidents (Programs)

Carole Guillory

(665-2148, [bcguillory@sbcglobal.net](mailto:bcguillory@sbcglobal.net))

Assistant to VP (Programs)

Jane Cuellar

(388-7154, [jacuellar58@gmail.com](mailto:jacuellar58@gmail.com))

**General Meeting - Thursday, November 9 at 2 pm** in the Stockdale Room which is located at the Runner Café. Parking will be in Lots M and K1. Don't risk a parking ticket, place your parking pass on your dash.

Our speaker for the meeting will be Janice Brown Sullivan. After retiring as a teacher, she returned to her first love, aviation. She has been a commercial pilot, charter operator, certified flight instructor, a volunteer with the Civil Air Patrol, and a member of the Ninety-Nines, an international organization of women pilots. The greatest adventure in her aviation career occurred in 1980-81 when Janice was selected from many applicants to be the test pilot for the world's first solar powered aircraft -The Gossamer Penguin. Her courage as a test pilot and her record flights were internationally recognized and culminated with the presentation by President Ronald Reagan of the coveted Harmon Award for exceptional feats in aviation.

Regarding this November meeting and Veteran's Day, there will be a Pinning Ceremony for all veterans in attendance to publicly honor and acknowledge your military service and sacrifice.

CSUB Food Pantry Collection - As breakfast is known as the most important meal of the day, let's bring breakfast goods for our CSUB students. Oatmeal, cereal, canned fruit, protein bars, etc. The above items are suggestions, but feel free to bring whatever you have on hand. Personal hygiene products are always appreciated, too.

The next issue will be for **December 2023 – January 2024** and that deadline is **Wednesday, November 15.**

## *In Memoriam*

Robert "Bob" Edwards (1929-2023)  
Past member & 60+ Volunteer of the Year  
Retired Kern County Ag Commissioner

<https://www.legacy.com/us/obituaries/bakersfield/name/robert-edwards-obituary?id=53347940>

## **Splinters from the October Board Meeting** Carla Stanley (428-1517, [searosas53@hotmail.com](mailto:searosas53@hotmail.com))

- Elder College excursion is being worked on. Save the date: April 17 - Speakers and lunch at Hodel's, April 18 - Field trip to Kern Valley Museum with lunch at a local restaurant. Other activities are being looked at. Possible speakers are being called.
- A scholarship contract has been updated and signed for the 2023-24 school year. It was agreed to pass flyers out at the October Meeting requesting donations to the 60+ Scholarship Fund.
- CSUB Association's Party in the Park volunteers have been notified for the October 20 event. (Note: this event has passed)
- Board members are touring Upstart Village (201 Stine, off Stockdale) as a possible 60+ Club meeting location being offered for our use.

## **Elder College**

Carla Stanley

(428-1517, [searosas53@hotmail.com](mailto:searosas53@hotmail.com))

Elder College 2024 will be a two-day classroom/field trip event **Wednesday-Thursday, April 17-18, 2024.** We hope to prime your mind in the "classroom" as experts speak on the fascinating history of man and nature in the Kern Canyon—Kern's Grand Canyon. The next day we will take a bus trip up the scenic Kern Canyon culminating at the Kern Valley Museum with a docent lead tour through the museum and the research annex. Details are being discussed and checked out. If you have any suggestions, please drop me a note.

### **60+ Club Scholarship Donation**

We have been awarding a \$1500 scholarship to a CSUB nursing student or one pursuing a career in Education every year since 2019. Please help us continue this activity by donating to our scholarship fund. If 60 people gave \$25 each, this year's scholarship will be your personal gift to help a deserving student through their last year of classes.

Please make your check out to  
"CSUB FOUNDATION"  
Write "60+ Club Scholarship"  
in the memo section of your check.

Mail to:  
University Advancement  
CSU Bakersfield  
9001 Stockdale Hwy  
Mail Stop 19AW  
Bakersfield, CA 93311-1022

<b>Action Network</b>	<b>Sheila Ross</b>	<b>(444-6839, sheiro6@aol.com)</b>
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<b>Fine Arts Music</b>	<b>Peggy Bryson</b> <b>Donna Bartlett</b>	<b>(333-5623)</b> <b>(833-0721, dshutcherson@yahoo.com )</b>
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CSUB Singers Concert - Choir Day comes to its end by finishing off with a combined concert of Chamber, University, and High School Singers.

**Thursday, November 9 at 7:30pm**

(no admission cost information was available on the CSUB website)

Jazz Collective with Jim Scully directing a celebration of music by jazz artists born in 1923. This centennial of sorts includes music by Thad Jones, Wes Montgomery, Milt Jackson, Dexter Gordon, Tito Puente and more.

**Thursday, November 16 at 7:30pm** at the Doré Theatre

Cost: General Admission: \$12, Seniors and students: \$5, CSUB Students with ID: FREE

Symphonic Band & Concert Band Joint Concert

**Saturday, November 18 at 6:30 pm** at the Doré Theatre

Cost: \$12 General Admission: \$12, Seniors (60+) & Students: \$7, CSUB Students with ID: FREE

<b>Fine Arts Theater</b>	<b>Billie Swanson</b>	<b>(587-2544, billieswanson@icloud.com )</b>
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Thank you to all volunteers for the last play *The Courage to Right a Woman's Wrongs*.

Scheduled next is *Carmela Full of Wishes*, the young audience play at the Doré Arena Theatre. It is adapted by Alvaro Saar Rios and based on the best-selling book by Matt de la Peña.

**Saturday November 18 at 11am, 1pm, 3pm**

**Sunday November 19 at 1pm & 3pm**

Cost: General Admission: \$5, Children 12 and under are free!

If you have a special day or time to volunteer please call Billie Swanson.

<b>Walter Stiern Memorial Rose Garden</b>	<b>Carla Stanley</b>	<b>(428-1517, searosas53@hotmail.com)</b>
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We will be working in the Rose Garden on **Saturday, November 11 from 8-9 am**. Bring gloves and pruning shears, as well as a bucket or bag to drop cuttings into. We will be dead-heading and weeding. Contact me if you have questions.

<b>Well Sample Repository</b>	<b>Kim Jones</b>	<b>(619-985-5127, kimithjones@gmail.com)</b>
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We're almost ready to start repackaging dirt!!! Curator Charles James just got his two student helpers and will have them trained by the end of October. That means they will be ready for 60+ volunteers to start repackaging the **second or third Wednesday of November**. Our first meeting will be a short "how to" session, and then some practice. (It takes about 10 minutes to figure out how you want to organize and work through your box.). I will send e-mails to the 8 new members who signed up at Possibilities Day as soon as Charles gives us the green light. If you want to join in, please contact me. Details will be in the e-mail. See you soon.

**Interest Groups****Sheila Ross****(444-6839, sheiro6@aol.com)****Conversations with the Professor****Ted Murphy****(325-0307, tmurphy@bak.rr.com)**

Dick Noel, PhD, CSUB Psychology Professor Emeritus, champion tennis player/instructor, and versatile accordion player/builder, will give a demonstration of the instrument modifications he made that enable him to play 50 instruments, AND a vocal chorus, on his digital accordion. The session will commence at **2 pm on Monday, November 20** in the Dezember Leadership Center Room 402D. Remember to use your parking pass at the reserved spaces adjacent to the building which is located near the President's Office, east of the Tennis Courts.

A tribute to his talent recently resulted in recognition of him as a "Happy Music Ambassador" with the presentation of a trophy and plaque by the Happy Music Center, Intl., as shown at the right.



Conversations with the Professor will not meet in December but will return on January 29 when Dr. Merry Pawlowski will talk about her recent book *Joseph Conrad in Africa*.

**Crafty Paper Arts****Karen Polyniak****(246-8763, kpoly@earthlink.net )**

We meet on **Tuesday, November 14 at 1 pm** at meet at the Southwest Branch of the Kern County Library, 8301 Ming Avenue, in the meeting room located to the left as you enter the building. I will help you weave a "German Star" from either paper or ribbon. Materials will be provided.

**Dinner Club****Linda Cohen****(599-0799, linmar@bak.rr.com )**

Dinner Club will meet on **Tuesday, November 21 at 5:30 pm** at Sol Y Luna Mexican Cuisine, 11420 Ming Avenue. All are welcome to join us. Please reserve your spot by Monday, November 20.

**Fiber Arts****Judy Lawhead****(364-3525, Judy.Lawhead@sbcglobal.net )**

We meet weekly **Wednesday morning at 10 am** at Panera Bread at 4108 California Ave. We work on individual projects and items for donation. While we do a lot of knitting and crocheting we also welcome members who like to loom, cross stitch, needlepoint, embroider and do tatting. We have teachers and supplies for those who would like to learn to knit and crochet. And we would welcome anyone that would like to just have a cup of coffee and visit.

**Fun & Games****Carole & Bob Guillory****(665-2148, bcguillory@sbcglobal.net )**

Fun and Games will meet on **Wednesday, November 1** at Round Table Pizza on 4200 Gosford Road in the small party room. The no-host lunch will be at **noon** with the games starting at **1 pm**. At the present time we are playing Mexican Train and Mahjong, but we are open to new games. Bring your favorite games to the meeting. We had several new members sign up at Possibilities Day. So, hopefully, they will be joining us for fun and games. Anyone with questions can contact me at the number above or on my cell at 599-4392.

**Lunch Bunch****Nancy Hine****(619-7539, smilenhine@hotmail.com)**

Lunch Bunch will meet the second **Wednesday, November 8** at California Pizza Kitchen, 10150 Stockdale Highway near the intersection of Calloway Dr. We will gather there at **11 am** and place our orders at 11:30. Call Nancy Hine by Tuesday, November 7, to reserve a seat.

We will meet on **Wednesday, November 15 at 2 pm** at 9503 Bloomsbury Ct. to discuss *The Wager: A Tale of Shipwreck, Mutiny and Murder* by journalist David Grann. Please call 661-428-1517 if you won't be able to attend. For any further information, please call Kathy Wagner at 661-805-8767.

**Fred & Beverly Dukes Memorial Concert Series** (<https://fccbakersfield-ucc.org/dukes-concert>).

The Dukes were members of the 60+ Club and had endowed these concerts.

First Congregational Church/UCC on **Sundays at 4 pm**. Location is in the sanctuary of the church at 5 Real Rd. (at the corner of Stockdale Hwy. and Real Rd).

**November 5** - PAUL CIERLEY & FRIENDS will be performing jazz favorites.

**December 3** - BAKERSFIELD HIGH SCHOOL CHOIRS under the direction of Amanda Isaac with youngsters performing music from many lands and a sing-a-long of Christmas songs with the audience.

**January 14, 2024** - THE TEA ROSE STRING QUARTET consists Julia Lawson Haney and Timothy Swanson on violin, Paulette Shires on viola and Alex Wilson on cello presenting classical music.

**March 3, 2024** - BAKERSFIELD WINDS directed by David Green. Woodwind instrumentalists performing classical favorites.

**April 21, 2024** - VINCE GALINDO, KYLE APPLETON & FRIENDS with country songs and jamming guitars.

NOVEMBER 2023						
S	M	T	W	T	F	S
			<b>1 All Saints Day</b> Fiber Arts 10a Fun & Games 1p	<b>2 Board Meeting</b> 1:30p	<b>3</b>	<b>4</b>
<b>5</b> Duke's Concert 4p	<b>6</b>	<b>7</b>	<b>8</b> Fiber Arts 10a Lunch Bunch 11a	<b>9</b> <b>General Meeting 2p</b> CSUB Music 6:30p	<b>10 Veterans Day</b> (observed) (campus closed)	<b>11</b> Rose Garden 8a
<b>12</b>	<b>13</b>	<b>14</b> Crafty Paper Arts 1p	<b>15</b> Fiber Arts 10a Readers 2p <b>Bulletin Deadline</b>	<b>16</b> CSUB Music 6:30p	<b>17</b>	<b>18</b> CSUB Theatre 11a, 1p, 3p CSUB Music 6:30p
<b>19</b> CSUB Theatre 1p, 3p	<b>20</b> Convo w/ Prof 2p	<b>21</b> Dinner Club 5:30p	<b>22</b> Fiber Arts 10a	<b>23 Thanksgiving</b> (campus closed)	<b>24</b> (campus closed)	<b>25</b>
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b> Fiber Arts 10a	<b>30</b>		



**Holiday Luncheon  
Friday, December 8  
Social at 11:30pm                      Meal at 12 noon**

*Please join members of the 60+ Club to celebrate the holiday season.*

*Enjoy a few hours visiting “old” friends and sharing the Christmas spirit*

On the Reservation Form below are listed the choices for our luncheon. All selections include Iced Tea, Lemonade, Coffee, Winter Salad, Rolls & Butter and Italian Lemon Cake.

Deadline for reservations is **Monday, December 4.**

Entertainment provided by The Goldenaires.

Don't forget items for the Campus Food Pantry

All Entrées are \$44.00 inclusive of tax and gratuity

Questions? Please contact Janis at 661-979-7136

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**RESERVATION FORM**

Name (s) – Please Print \_\_\_\_\_

Phone \_\_\_\_\_

Amount Enclosed \_\_\_\_\_

Please indicate your choice of meals.

How Many

- Short Ribs with Mash Potatoes \_\_\_\_\_
- Chicken Picatta with Mash Potatoes \_\_\_\_\_
- White Fish with Lemon Beurre Blanc Rice Pilaf \_\_\_\_\_
- Vegetarian Mushroom Ravioli Primavera \_\_\_\_\_

Please make check payable to “**JANIS VARNER**” and mail with this form to:

11901 Payton Manor Drive.  
Bakersfield, CA 93312



# THE BULLETIN

OF THE 60+ CLUB

Volume 38, Number 4

December 2023 - January 2024

Karen Polyniak, Editor

CALIFORNIA STATE UNIVERSITY BAKERSFIELD

19AW, 9001 Stockdale Highway Bakersfield, CA 93311

[www.csub.edu/60plus](http://www.csub.edu/60plus)

## President's Message

Carla Stanley

(428-1517, [searosas53@hotmail.com](mailto:searosas53@hotmail.com))

Thank you to all who attended November's general meeting. Janice Brown Sullivan is a fascinating speaker, and I really appreciated the opportunity to hear from someone who made history with her flying exploits. Janis Varner recognized our veterans in attendance with a pinning ceremony and encouraged those veterans who have not taken part in the Honor Flight to do so!

Take advantage of the different activities the club is offering. We had a great time at Crafty Paper Arts, laughing even as we struggled with weaving paper . . . but we were at the library (which is always a great place) and we were with people who could be new friends!

Last year I talked at a General Meeting about Club finances and the cost of room rental at CSUB. This year, we are exploring moving our meetings off-campus. I need input from all of you on what you see as the pros and cons of making the move. Give me a call, email or text if you have any questions or concerns (see contact information above.)

Our Holiday Luncheon at Stockdale Country Club is scheduled on **Friday, December 8**. Please register with Janis Varner by **Monday, December 4** using the attached form at the end of *The Bulletin*. Entertainment will be the wonderful Goldenaires. We will also be collecting donations for the CSUB Food Pantry, sharing a little holiday spirit.

The next Board Meeting will be **Thursday, December 7 at 1:30 pm** at the University Advancement meeting room. Anyone is welcome to attend, but we have limited space. Any non-board member needs to contact me ahead of time. The Board Meeting on **Thursday, January 4** will be held at Upstart Village (201 New Stine, Suite 300) at **1:30pm** to see the potential space we are considering. Please notify me if you are a non-board member and plan to attend.

## Communications Committee

Vice Presidents (Programs)

Carole Guillory

(665-2148, [bcguillory@sbcglobal.net](mailto:bcguillory@sbcglobal.net))

Assistant to VP (Programs)

Jane Cuellar

(388-7154, [jacuellar58@gmail.com](mailto:jacuellar58@gmail.com))

**General Meeting - Thursday, January 11 at 2 pm** in the Stockdale Room which is located at the Runner Café. Parking will be in Lots M and K1. Place your parking pass on your dash.



Our speaker for the meeting will be John Hester, an astrophotographer. In his retirement, the Bakersfield man shifted his focus to the skies. He always loved astronomy. And photography. And computers and technology. So, it was a perfect marriage for John to combine his interests. He has traveled extensively over the world photographing aurora borealis, different galaxies and constellations. He will be sharing his fascinating photos of our heavens along with sharing his expertise knowledge on this subject.

*continued next page*

## General Meeting, *continued*

John belongs to the Kern Astronomical Society where he serves on the board, and the Los Angeles Astronomical Society where he serves on the Dark Sky Site Committee. Check out his website:

<https://johnhesterphotography.com/>

Food Pantry: With the cooler weather in January we might think about bringing cans of soup, stew or chili and crackers. Also, the Pantry always has demand for peanut butter, tortillas, pasta, beans, rice, cereal, oatmeal, granola bars, instant noodles/macaroni and cheese. Anything you have in your pantry at home as well as personal hygiene products are always appreciated.

### Editor's Note

**Karen Polyniak**

(246-8763, [kpoly@earthlink.net](mailto:kpoly@earthlink.net))

The next issue will be for **February 2024** and that deadline is **Tuesday, January 16.**

### Splinters from the November Board Meeting **Carla Stanley** (428-1517, [searosas53@hotmail.com](mailto:searosas53@hotmail.com))

- We currently have 97 members. Those members who were active last year but have not renewed are being contacted. [If you are participating in 60+ activities please pay your membership dues!]
- A letter of appreciation from our scholarship recipient, Annika Gonzalez, was shared with the board.
- Discussion of financial issues associated with moving 60+ Club discussed.

### Elder College

**Carla Stanley**

(428-1517, [searosas53@hotmail.com](mailto:searosas53@hotmail.com))

Elder College 2024 will be a two-day classroom/field trip event **Wednesday-Thursday, April 17-18, 2024.** We hope to prime your mind in the "classroom" as experts speak on the fascinating history of man and nature in the Kern Canyon—Kern's Grand Canyon. The next day we will take a bus trip up the scenic Kern Canyon culminating at the Kern Valley Museum with a docent lead tour through the museum and the research annex. Details are being discussed and checked out. If you have any suggestions, please drop me a note.

### **60+ Club Scholarship Donation**

We have been awarding a \$1500 scholarship to a CSUB nursing student or one pursuing a career in Education every year since 2019. Please help us continue this activity by donating to our scholarship fund. If 60 people gave \$25 each, this year's scholarship will be your personal gift to help a deserving student through their last year of classes.

Please make your check out to  
"CSUB FOUNDATION"  
Write "60+ Club Scholarship"  
in the memo section of your check.

Mail to:  
University Advancement  
CSU Bakersfield  
9001 Stockdale Hwy  
Mail Stop 19AW  
Bakersfield, CA 93311-1022

<b>Action Network</b>	<b>Sheila Ross</b>	<b>(444-6839, sheiro6@aol.com)</b>
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<b>Fine Arts Music</b>	<b>Peggy Bryson</b> <b>Donna Bartlett</b>	<b>(333-5623)</b> <b>(833-0721, dshutcherson@yahoo.com )</b>
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Holiday Concert - Join Santa and the CSUB Singers, Concert Band, and Jazz Collective for their annual Holiday performance!

**Sunday, December 3, 2:30 – 6pm** at the Doré Theatre - Main Theatre

Cost: \$10 General Admission, \$5 Seniors (60+) & Students, CSUB Students with ID: FREE

<b>Fine Arts Theater</b>	<b>Billie Swanson</b>	<b>(587-2544, billieswanson@icloud.com )</b>
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Thank you to all volunteers for the last play *Carmela Full of Wishes*.

<b>Walter Stiern Memorial Rose Garden</b>	<b>Carla Stanley</b>	<b>(428-1517, searosas53@hotmail.com)</b>
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We will be dead heading and weeding in the Walter Stiern Memorial Rose Garden **Saturday, December 9 from 8:30-9:30 am**. Bring pruning shears, gloves and a bucket or bag to put the cuttings in. We will be doing heavy pruning at the next meeting on **Saturday, January 13 from 8:30-10:30 am**. If you have a heavy pruning shears or a small saw, bring that too. I will be sending pruning instructions to those who have signed up for the Rose Committee and those who let me know they hope to attend and help.

<b>Well Sample Repository</b>	<b>Kim Jones</b>	<b>(619-985-5127, kimithjones@gmail.com)</b>
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Well Repository still is not ready for 60+ volunteers. With the holidays coming up and students out of school much of the time, it looks as though we can count on a January start date. Emails will be sent to everyone who signed up as soon as I get information from Charles.

<b>Interest Groups</b>	<b>Sheila Ross</b>	<b>(444-6839, sheiro6@aol.com)</b>
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<b>Conversations with the Professor</b>	<b>Ted Murphy</b>	<b>(325-0307, tmurphy@bak.rr.com)</b>
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Conversations with the Professor will not meet in December but will return in January when Dr. Merry Pawlowski will talk about her recent book *Joseph Conrad in Africa*. The session will commence at **2 pm on Monday, January 29** in the Dezember Leadership Center Room 402D. This is not the regular Monday due to the Martin L. King Holiday and speaker scheduling. Remember to use your parking pass at the reserved spaces adjacent to the building which is located near the President's Office, east of the Tennis Courts.

<b>Crafty Paper Arts</b>	<b>Karen Polyniak</b>	<b>(246-8763, kpoly@earthlink.net )</b>
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We will meet on the **2nd Tuesdays, December 12 and January 9 at 1 pm** at meet at the Southwest Branch of the Kern County Library, 8301 Ming Avenue, in the meeting room located to the left as you enter the building. The December project will be “Snowflakes” and the January project will be “Butterfly with Kisses”. Please bring your scissors. Other materials will be provided.



**Dinner Club****Linda Cohen****(599-0799, [linmar@bak.rr.com](mailto:linmar@bak.rr.com) )**

Dinner Club will meet on **Tuesday, December 19 at 5:30 pm** at Little Italy, 8200 Stockdale Highway. Please reserve your spot by 5 pm on Monday, December 18 so I can give them a final number.

Cheers and Happy Holidays!

On **Tuesday, January 16 we will meet at 5:30 pm** at Smitten, 1407 Buena Vista Road. Please let me know by Monday, January 15 if you will attend

**Fiber Arts****Judy Lawhead****(364-3525, [Judy.Lawhead@sbcglobal.net](mailto:Judy.Lawhead@sbcglobal.net) )**

We meet weekly **Wednesday morning at 10 am** at Panera Bread at 4108 California Ave. We work on individual projects and items for donation. While we do a lot of knitting and crocheting we also welcome members who like to loom, cross stitch, needlepoint, embroider and do tatting. We have teachers and supplies for those who would like to learn to knit and crochet. And we would welcome anyone that would like to just have a cup of coffee and visit.

**Fun & Games****Carole & Bob Guillory****(665-2148, [bcguillory@sbcglobal.net](mailto:bcguillory@sbcglobal.net) )**

Fun and Games will meet on **Wednesday, December 6** at Round Table Pizza on 4200 Gosford Road in the small party room. The no-host lunch will be at **noon** with the games starting at **1 pm**. At the present time we are playing Mexican Train, Mah Jongg and a new card game Phase 10, but we are open to new games. Bring your favorite games to the meeting.

We will start the New Year out with Fun and Games on **Wednesday, January 3**. As always, the no-host lunch will be at noon with the games starting at 1pm. Hope to see some new faces this year along with some new games to play. You can call me on my cell 661-599-4392 if you have any questions

**Lunch Bunch****Nancy Hine****(619-7539, [smilenhine@hotmail.com](mailto:smilenhine@hotmail.com))**

Lovely Karen Carey is right; THE CREST BAR & GRILL has among the best Christmas decor in town! We shall return to The Crest on **December 13, the second Wednesday, at 11 am**. Their menu has a lot from which to choose your tasty fare. Location is 5025 Wible Rd, Bakersfield, 93313. It's south of the railroad tracks and Pacheco and worth the drive!! Make a reservation with Nancy Hine by Tuesday, December 12.

I am still working on the January Lunch Bunch that will be held on **Wednesday, January 10**. As time gets near, please contact me for the location.

**Readers Group****Kathy Wagner****(805-8767, [Jonwag49@earthlink.net](mailto:Jonwag49@earthlink.net))**

December: We will meet on **Wednesday, December 20 at 2 pm** to discuss *Tom Lake*, a novel by Ann Patchett. Location is at 13107 Monarch Palm Ave., Bakersfield. The phone number is 805-8767.

January: We will meet on **Wednesday, January 17 at 2 pm** to discuss *The White Lady*, a novel by Jacqueline Winspear. Location is at 8209 Hastings St., Bakersfield. The phone number is 529-8504.

If you are unable to attend either of these two meetings, please call the given phone number. For further information, call Kathy Wagner at 805-8767.

**Fred & Beverly Dukes Memorial Concert Series** (<https://fccbakersfield-ucc.org/dukes-concert>).

The Dukes were members of the 60+ Club and had endowed these concerts.

First Congregational Church/UCC on **Sundays at 4 pm**. Location is in the sanctuary of the church at 5 Real Rd. (at the corner of Stockdale Hwy. and Real Rd).

**December 3** - BAKERSFIELD HIGH SCHOOL CHOIRS under the direction of Amanda Isaac with youngsters performing music from many lands and a sing-a-long of Christmas songs with the audience.

**January 14, 2024** - THE TEA ROSE STRING QUARTET consists Julia Lawson Haney and Timothy Swanson on violin, Paulette Shires on viola and Alex Wilson on cello presenting classical music.

**March 3, 2024** - BAKERSFIELD WINDS directed by David Green. Woodwind instrumentalists performing classical favorites.

**April 21, 2024** - VINCE GALINDO, KYLE APPLETON & FRIENDS with country songs and jamming guitars.

DECEMBER 2023						
S	M	T	W	T	F	S
					1	2
3 CSUB Music 6:30p Duke's Concert 4p	4 <b>Holiday Lunch Reservations Due</b>	5	6 Fiber Arts 10a Fun & Games 1p	7 <b>Hanukkah begins Board Meeting 1:30p</b>	8 <b>Holiday Lunch 11:30a</b>	9 Rose Garden 8:30a
10	11	12 Crafty Paper Arts 1p	13 Fiber Arts 10a Lunch Bunch 11a	14	15	16
17	18	19 Dinner Club 5:30p	20 Fiber Arts 10a Readers 2p	21	22	23
24 Christmas Eve	25 Christmas Day	26	27 Fiber Arts 10a	28	29	30
Campus Closed						
31 New Year's Eve						

JANUARY 2024						
S	M	T	W	T	F	S
	1 New Year's Day (campus closed)	2	3 Fiber Arts 10a Fun & Games 1p	4 Board Meeting 1:30p	5	6
7	8	9 Crafty Paper Arts 1p	10 Fiber Arts 10a Lunch Bunch 11a	11 General Meeting 2p	12	13 Rose Garden 8:30a
14 Duke's Concert 4p	15 Martin L. King Jr (campus closed)	16 Dinner Club 5:30p <b>Bulletin Deadline</b>	17 Fiber Arts 10a Readers 2p	18	19	20
21	22	23	24 Fiber Arts 10a	25	26	27
28	29 Convo w/ Prof 2p	30	31 Fiber Arts 10a			

**Holiday Luncheon** **Janis Varner** (979-7136, [Vvarner@bak.rr.com](mailto:Vvarner@bak.rr.com))

**Friday, December 8 - Social at 11:30 am - Meal at 12 noon - Stockdale Country Club**  
7001 Stockdale Hwy

On the Reservation Form below are listed the choices for our luncheon. All selections include Iced Tea, Lemonade, Coffee, Winter Salad, Rolls & Butter and Italian Lemon Cake.

Deadline for reservations is **Monday, December 4.**

Entertainment provided by The Goldenaires. Don't forget items for the Campus Food Pantry  
All Entrées are \$44.00 inclusive of tax and gratuity. Questions? Please contact Janis at 661-979-7136

\*\*\*\*\*  
RESERVATION FORM – Holiday Lunch on December 8, Stockdale Country Club

Name (s) – Please Print \_\_\_\_\_

Phone \_\_\_\_\_

Amount Enclosed \_\_\_\_\_ (Cost for each entrée is \$44.00)

Please indicate your choice of meals.

How Many

- Short Ribs with Mash Potatoes \_\_\_\_\_
- Chicken Picatta with Mash Potatoes \_\_\_\_\_
- White Fish with Lemon Beurre Blanc and Rice Pilaf \_\_\_\_\_
- Vegetarian Mushroom Ravioli Primavera \_\_\_\_\_

Please make check payable to "**JANIS VARNER**" and mail with this form to:  
11901 Payton Manor Drive.  
Bakersfield, CA 93312

# THE BULLETIN

OF THE 60+ CLUB

Volume 38, Number 5  
February 2024  
Karen Polyniak, Editor

CALIFORNIA STATE UNIVERSITY BAKERSFIELD  
19AW, 9001 Stockdale Highway Bakersfield, CA 93311  
[www.csub.edu/60plus](http://www.csub.edu/60plus)

## President's Message

Carla Stanley

(428-1517, [searosas53@hotmail.com](mailto:searosas53@hotmail.com))

2024 is here and we are excited to announce new adventures. The 60+ Club wants to try something new. FEBRUARY GENERAL MEETING WILL BE AT UPSTART VILLAGE (201 NEW STINE, SUITE 300). Cari and her dog from Kern Canine Activities will be our presenters and it will be quite a different kind of presentation—continue reading for more information inside the bulletin on this presentation.

We had a wonderful presentation by John Hester at our general meeting in January. He spoke on astrophotography, what got him into it and how to do it. The members in attendance were fascinated and had many questions for him.

Elections are coming up and you will be receiving a call asking you to join the board. There are many jobs that need to be done to keep an organization moving forward. Ask questions, volunteer for something within your skill set or be willing to learn something new and lend a hand where needed. 60+ is a great organization, but can only move forward with new people volunteering skills and ideas.

Elder College is scheduled for **Wednesday & Thursday, April 17 & 18**. The application form starts on page 6. It is limited to 37 people so sign up soon.

A 60+ member expressed interest in an activity to practice speaking Spanish. Anyone else interested?

The next Board Meeting will be **Thursday, February 1 at 1:30 pm** at the University Advancement meeting room. Anyone is welcome to attend, but we have limited space. Any non-board member needs to contact me ahead of time.

## Communications Committee

Vice Presidents (Programs)

Carole Guillory

(665-2148, [bcgullory@sbcglobal.net](mailto:bcgullory@sbcglobal.net))

Assistant to VP (Programs)

Jane Cuellar

(388-7154, [jacuellar58@gmail.com](mailto:jacuellar58@gmail.com))

**General Meeting - Thursday, February 8 at 2 pm at UPSTART VILLAGE.** (DIRECTIONS on next page)



Cari Coston of Kern Canine Activities, is an experienced dog trainer with over 13 years of expertise in the field. Her focus lies in working with reactive and aggressive dogs, showcasing her proficiency in handling challenging behavioral issues. In addition to addressing behavioral concerns, Cari is well-versed in teaching obedience, conducting trick classes and forming therapy dog teams.

Beyond her training skills, Cari actively engages her own dogs in various competitions and activities. Her dogs participate in competition obedience, scent work, trick competitions, dock diving and agility. She will be demonstrating some of these actions at our meeting.

(continued next page)

## General Meeting, continued

### CSUB Food Pantry

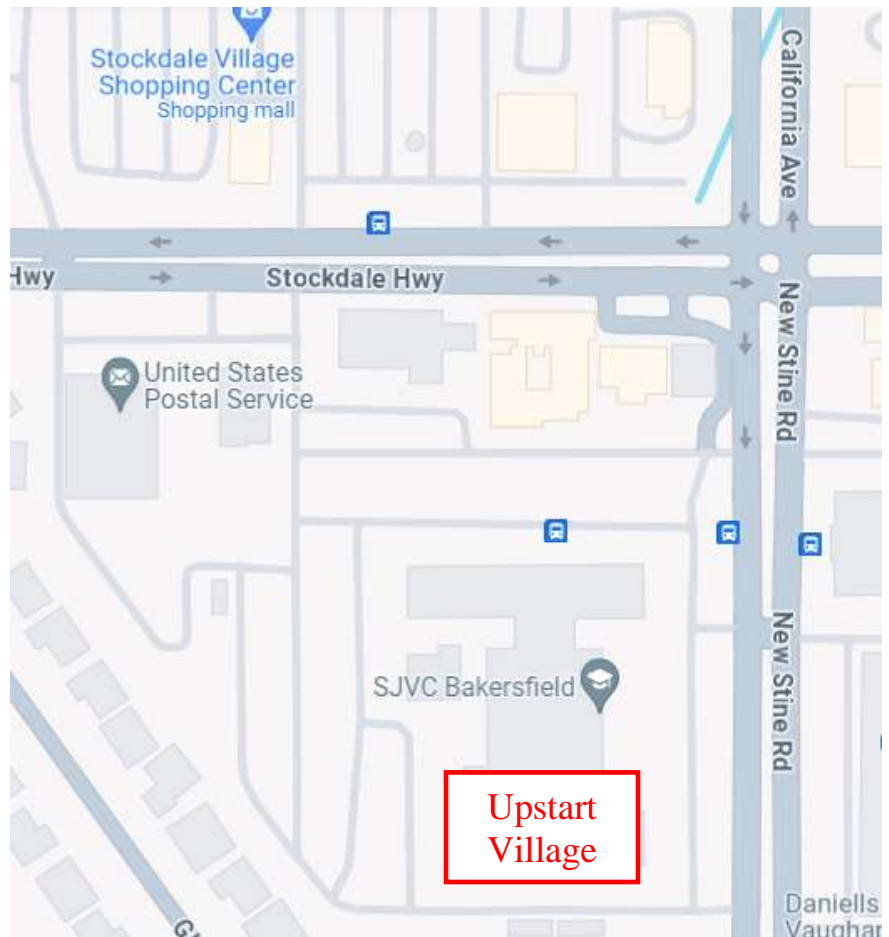
There always is a demand for ready-to-eat or instant foods at the Pantry, but please bring your preference. In January, a member brought freshly picked fruit.

### **UPSTART VILLAGE – location shown on map.**

201 NEW STINE, SUITE 300

Directions:

From CSUB go east on Stockdale Hwy. Turn right on New Stine. Go past San Joaquin Valley College and turn right at the UPSTART VILLAGE sign. Go through the green gate and park by the conference center. There is a handicapped ramp and stairs. Enter building and turn left into the large dance hall.



### **Editor's Note**

**Karen Polyniak**

*(246-8763, [kpoly@earthlink.net](mailto:kpoly@earthlink.net))*

The next issue will be for **March 2024** and that deadline is **Thursday, February 15.**

### **Vice President (Membership)**

**Lois Hess**

*(663-0198, [dmhess88@lightspeed.net](mailto:dmhess88@lightspeed.net))*

We have 104 members, but more are welcome! Please invite your friends to join you at an event or General Meeting.

Membership rosters will be available to members at the General meetings. Please make sure to check your information and let me know of any corrections. Corrections will also be available at the General Meetings.

## *In Memoriam*

Enid Hull (1942-2023)

Longtime 60+ Volunteer Coordinator of Athletics

Countless hours of volunteering at the numerous CSUB Jazz Festivals & Athletic Events



**Splinters from the January Board Meeting** Carla Stanley (428-1517, [searosas53@hotmail.com](mailto:searosas53@hotmail.com))

- We are already planning for our June Installation luncheon and for our Christmas luncheon for next year. (Contact us if you have any feedback about our 2023 luncheon that might be helpful in making our decisions.)
- We are planning a Health and Wellness Fair for our May meeting. It will have representatives from different organizations that can help us "Aging Adults" take care of many different aspects of our lives that need just a little more help than we usually have available. This will be at UPSTART VILLAGE and be advertised to the general public.
- Phil Rudnick, who owns UPSTART VILLAGE, is willing to help 60+ Club expand its outreach into different social and educational activities. More news to come on this front. If you would like to play bridge or mahjong or do conversational Spanish playing Loteria, a bingo-like game, he has rooms we could meet in and we could invite friends to join us.

**Election Committee** Kathy Wagner (805-8767, [Jonwag49@earthlink.net](mailto:Jonwag49@earthlink.net))

The Elections Committee will be meeting later this month to recruit possible candidates for office. We need lots of help to make our club successful so please think about serving in one of our positions. We especially need a secretary to keep records of our meetings. If you are interested, please contact one of the following:

- Kathy Wagner at [jonwag49@earthlink.net](mailto:jonwag49@earthlink.net)
- Susan Spear at [saspear@outlook.com](mailto:saspear@outlook.com)
- Augie Lyster at [libra2augie@hotmail.com](mailto:libra2augie@hotmail.com)
- Carol Black-Calderwood at [cblack0000@aol.com](mailto:cblack0000@aol.com)

**Action Network** Sheila Ross (444-6839, [sheiro6@aol.com](mailto:sheiro6@aol.com))

**Fine Arts Music** Peggy Bryson (333-5623)  
 Donna Bartlett (833-0721, [dshutcherson@yahoo.com](mailto:dshutcherson@yahoo.com))

No information was received at the time of *Bulletin* publication.

**Fine Arts Theater** Billie Swanson (587-2544, [billieswanson@icloud.com](mailto:billieswanson@icloud.com))

According to the CSUB Theatre website, the next scheduled play will be in March. It is *The River Bride* by Marisela Treviño Orta. Dates are **Thursday-Saturday, March 7, 8 & 9 at 7:30 pm and Sunday, March 10 at 2 pm**

**Walter Stiern Memorial Rose Garden** Carla Stanley (428-1517, [searosas53@hotmail.com](mailto:searosas53@hotmail.com))

We will meet **Saturday, February 10 from 9 – 10 am** to work in the rose garden. I hope to have some new roses to plant, but we will also need to spread mulch and (probably) weed. It was really chilly in January so I moved the time back a little to give the sun a chance to warm up the rose garden. Thanks to everyone who came out to prune. I spread it out over about two weeks. We got the work done without feeling overwhelmed. We currently have 185 rose bushes.

If anyone wants to donate roses to plant, contact me at the number above and I can explain the options.

**Well Sample Repository** Kim Jones (619-985-5127, [kimithjones@gmail.com](mailto:kimithjones@gmail.com))

Well Repository re-opened on January 24 and members that had indicated interested were notified. If you want to participate, please contact me as we are determining the meeting dates.

**Interest Groups** **Sheila Ross** (444-6839, sheiro6@aol.com)

**Conversations with the Professor** **Ted Murphy** (325-0307, tmurphy@bak.rr.com)

Dr. Carl Klook (pronounced 'cloke'), veteran Coffee with the Professor speaker, will return to tell us about "Scorpion Fluorescence", the ecological function of fluorescent light emitted by scorpions when they are exposed to ultra-violet light. Chair of the Biology Department and coordinator of the Natural Sciences programs, Professor Klook joined the CSUB faculty in 2001. His last presentation was about very small spiders. You will enjoy his program!

The session will commence at **2 pm on Monday, February 19** in the Dezember Leadership Center Room 402D.

**Crafty Paper Arts** **Karen Polyniak** (246-8763, kpoly@earthlink.net)

We will meet on **Tuesday, February 13 at 1 pm** at the Wilson Branch of the Kern County Library, 1901 Wilson Road due to the temporary closure of the Southwest Branch. Cross street is Fremont St between Hughes Lane & South H Street. Parking is in back & the entrance is on Fremont St but if you want to take a shortcut, you can enter from the parking lot to the staff entrance & ring their doorbell. Chinese New Year starts February 10 and we will make modular origami dragons. Paper will be provided as well as some glue sticks. Please bring your scissors.



**Dinner Club** **Linda Cohen** (599-0799, linmar@bak.rr.com)

Dinner Club will meet on **Tuesday, February 20, at 5:30 pm** at The Petroleum Club at Sundale, 6218 Sundale Avenue. Please reserve your spot by Monday, February 19.

**Fiber Arts** **Judy Lawhead** (364-3525, Judy.Lawhead@sbcglobal.net)

We meet weekly **Wednesday morning at 10 am** at Panera Bread at 4108 California Ave. We work on individual projects and items for donation. While we do a lot of knitting and crocheting we also welcome members who like to loom, cross stitch, needlepoint, embroider and do tatting. We have teachers and supplies for those who would like to learn to knit and crochet. And we would welcome anyone that would like to just have a cup of coffee and visit.

**Fun & Games** **Carole & Bob Guillory** (665-2148, bcguillory@sbcglobal.net)

Fun and Games will meet on **Wednesday, February 7** at Round Table Pizza on 4200 Gosford Road in the small party room. The no-host lunch will be at **noon** with the games starting at **1 pm**. At the present time we are playing Mexican Train, Mah Jongg and a new card game Phase 10, but we are open to new games. Bring your favorite games to the meeting.

**Lunch Bunch** **Nancy Hine** (619-7539, smilenhine@hotmail.com)

Lunch Bunch will meet the second **Wednesday, February 14**, yes, that's Valentine's Day! We're trying a new addition to southwest Bakersfield: Mas Bella, 4521 Buena Vista Rd, 93311. This is a Latino restaurant in a plaza called The Shoppes Seven Oaks Business Park. After you enter the plaza, turn **RIGHT**. The restaurant is actually hidden in the back of the Sequoia Sandwiches building. Walk between the Urgent Care and Sequoia buildings to enter Mas Bella. (Its signs are too tiny.) We will be eating indoors. We gather at **11 am** and place our orders at 11:30 am. Please RSVP by Tuesday, February 13, to Nancy Hine and join friends for fun conversation and tasty food!

The Readers' Group will meet on **Wednesday, February 21 at 2 pm**, at 11902 Tulane Park Place. We will discuss *Killers of the Flower Moon* by David Grann. If you have any questions, please call 330-0793. For further information, call Kathy Wagner at 805-8767.

F E B R U A R Y 2 0 2 4						
S	M	T	W	T	F	S
				1 Board Meeting 1:30p	2	3
4	5	6	7 Fiber Arts 10a Fun & Games 1p	8 General Meeting 2p	9	10 Rose Garden 8:30a
11	12	13 Crafty Paper Arts 1p	14 Valentine's Day Fiber Arts 10a Lunch Bunch 11a	15 Bulletin Deadline	16	17
18	19 Convo w/ Prof 2p	20 Dinner Club 5:30p	21 Fiber Arts 10a Readers 2p	22	23	24
25	26	27	28 Fiber Arts 10a	29		

**Fred & Beverly Dukes Memorial Concert Series** (<https://fccbakersfield-ucc.org/dukes-concert>).

The Dukes were members of the 60+ Club and had endowed these concerts. First Congregational Church/UCC on **Sundays at 4 pm**. Location is in the sanctuary of the church at 5 Real Rd. (at the corner of Stockdale Hwy. and Real Rd).

**March 3** - BAKERSFIELD WINDS directed by David Green. Woodwind instrumentalists performing classical favorites.

**April 21** - VINCE GALINDO, KYLE APPLETON & FRIENDS with country songs and jamming guitars.

**60+ Club Scholarship Donation**

We have been awarding a \$1500 scholarship to a CSUB nursing student or one pursuing a career in Education every year since 2019. Please help us continue this activity by donating to our scholarship fund. If 60 people gave \$25 each, this year's scholarship will be your personal gift to help a deserving student through their last year of classes.

Please make your check out to  
"CSUB FOUNDATION"  
Write "60+ Club Scholarship"  
in the memo section of your check.

Mail to:  
University Advancement  
CSU Bakersfield  
9001 Stockdale Hwy  
Mail Stop 19AW  
Bakersfield, CA 93311-1022

Elder College 2024 will be a two-day classroom/field trip event **Wednesday-Thursday, April 17-18**. We hope to prime your mind in the "classroom" as experts speak on the fascinating history of man and nature in the Kern Canyon—Kern's Grand Canyon. The next day we will take a bus trip up the scenic Kern Canyon. Payment is due **Friday, April 5**. Cost is \$100 per person. Participants must have completed the Emergency Contact Form when your 60+ membership was paid. Also, the attached "Waiver of Liability" must be submitted.

### **Seminar at Hodel's Restaurant - Wednesday, April 17**

The all-day Seminar will be held at Hodel's Country Dining located at **5917** Knudsen Dr in Bakersfield and includes continental breakfast, buffet lunch and snacks. The doors will open at **8:30 am** for registration. Speakers include:

- Reed Tollefson, Manager of the Kern River Preserve located in Weldon, recognized as a "Globally Important Bird Area" where 339 bird species have been recorded and 200 species nest.
- Geologists Tony Reid & Dr. Gregg Wilkerson (CSUB Geology Department) to speak of the origins of the Kern River and other related topics
- Tübatulabal Elder Robert Gomez will about the Indigenous people of the Kern River and bring artifacts

### **Field Trip via Bus - Thursday, April 18**

The Field Trip will be an all-day excursion as we travel to Kernville. We will be led by docents at both the Nuui Cunni Native American Intertribal Cultural Center and the Kern River Valley Museum, plus have lunch near the river. Starting at **7:30 am** for registration, we will board a bus at the CSUB south Parking Lot I close to the entrance from Camino Media – please display your 60+ parking pass.

### **ELDER COLLEGE RESERVATION FORM**

Fee: \$100 per person

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

E-mail address \_\_\_\_\_ Telephone \_\_\_\_\_

Please make out checks to "**CSUB Foundation**" with the memo line indicating "Elder College". Mail with this registration form and completed "Waiver of Liability" form to address below:

California State University, Bakersfield  
Office of Alumni Engagement/Alumni Association  
Mail Stop 19AW/1005  
9001 Stockdale Highway  
Bakersfield, CA 93311-1023

(write "Elder College" on lower left corner of the envelope)



**WAIVER OF LIABILITY, PROMISE NOT TO SUE, ASSUMPTION OF RISK AND AGREEMENT TO PAY CLAIMS**

Activity: CSUB 60+ Club Elder College Bus Field Trip

Activity Date(s) and Time(s): April 18, 2024 from 7:30am to 6pm

Activity Location(s): From CSUB to Kernville, California

In consideration for being allowed to participate in the above-referenced Activity, on behalf of myself and my next of kin, heirs, representatives, and assigns, I hereby **release, waive, and discharge from all liability and promise not to sue** the State of California, the Trustees of The California State University, California State University, Bakersfield and their employees, officers, directors, volunteers and agents (collectively the “University”) from any and all liabilities or claims, **including claims of the University’s negligence**, resulting in any physical or psychological injury (including paralysis and death), illness, damages, property loss, or economic or emotional loss I may suffer because of my participation in the Activity, including travel to, from and during the Activity.

I am voluntarily participating in this Activity. I am aware of the risks associated with traveling to/from and participating in this Activity, which include but are not limited to physical or psychological injury, pain, suffering, illness, disfigurement, temporary or permanent disability (including paralysis), economic or emotional loss, and/or death. I understand that these injuries or outcomes may arise from my own or other’s actions, inaction, or negligence; conditions related to travel; or the condition of the Activity location(s). **Nonetheless, I assume all related risks, both known or unknown to me, of my participation in the Activity, including any associated use of University facilities or premises and any travel to, from and/or during the Activity.**

I agree to **indemnify and hold** the University **harmless** from any and all claims, actions, suits, costs, expenses, and liabilities, including attorney’s fees or damage to my property, that arise out of my participation in the Activity, including any associated use of University facilities or premises and any travel to, from and/or during the Activity. If the University incurs any of these types of expenses, I agree to reimburse the University. If I need medical treatment, I agree to be financially responsible for any costs incurred as a result of such treatment. I am aware and understand that I should carry my own health insurance.

I am 18 years or older. **I understand the legal consequences of signing this document, including (a) releasing the University from all liability, (b) promising not to sue the**

(continued next page)

**University, (c) and assuming all risks of participating in the Activity, including travel to, from and during the Activity.**

I understand that this document is written to be as broad and inclusive as legally permitted by the State of California. I agree that if any portion is held invalid or unenforceable, I will continue to be bound by the remaining terms.

[In the event that any foreign language translation of this document has been attached hereto by the University, the English language version of this document shall be the authoritative version. The English language version shall be controlling in all respects and shall prevail in case of any inconsistency with the translated version].

I have read this document in its entirety, fully understand its terms, and acknowledge that I am signing it freely and voluntarily. **No other representations concerning the legal effect of this document have been made to me.**

Participant Signature: \_\_\_\_\_

Participant Name (print): \_\_\_\_\_ Date: \_\_\_\_\_

If the Participant is under 18 years old:

I, the parent/legal guardian of the Participant identified above hereby agree to all of the above on behalf of the Participant

Parent/Guardian Name (print): \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# THE BULLETIN

OF THE 60+ CLUB

Volume 38, Number 5  
March 2024  
Karen Polyniak, Editor

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19AW, 9001 Stockdale Highway Bakersfield, CA 93311  
[www.csub.edu/60plus](http://www.csub.edu/60plus)

## President's Message

Carla Stanley

(428-1517, [searosas53@hotmail.com](mailto:searosas53@hotmail.com))

We had a great general meeting in February at UpStart Village. About 35 people attended to hear Cari Coston talk about dog training in a different way than most of us would expect. I enjoyed seeing new faces and hearing positive feedback about the location. Our March general meeting will be back at CSUB's Stockdale Room where we usually meet.

Thank you to Kathy Wagner for stepping up to do the secretary job in addition to her position as director. She has been busy with her committee calling our membership to find people to fill positions on our board. Please be someone who volunteers to help in on one of our committees. Many hands make light work.

Elder College is just around the corner (Wednesday April 17 – Thursday April 18). Please sign up for this adventure to the Kern Canyon for the low cost of \$100 for two days of activities and meals. The application form was in the February *Bulletin* and can be accessed on our Facebook Page at this link: <https://www.facebook.com/CSUB60Plus/posts/pfbid02F4LbkZrqB25GTaBkPiqgg6NZohWzmogCzRaJakHcjpXbvfMU3m3Yhjk6eBUzEX1ul>. If you need a hard copy, please let me know.

The next Board Meeting will be **Thursday, March 7 at 1:30 pm** at the University Advancement meeting room. Anyone is welcome to attend, but we have limited space. Any non-board member needs to contact me ahead of time.

## Communications Committee

Vice Presidents (Programs)

Carole Guillory

(665-2148, [bcguillory@sbcglobal.net](mailto:bcguillory@sbcglobal.net))

Assistant to VP (Programs)

Jane Cuellar

(388-7154, [jacuellar58@gmail.com](mailto:jacuellar58@gmail.com))

**General Meeting - Thursday, March 14 at 2 pm** in the Stockdale Room which is located at the Runner Café. Parking will be in Lots M and K1. Place your parking pass on your dash.



Our March speakers will be John and Ranae Harrer. The Harrers are active participants in the ballroom dance community here in Bakersfield. They enjoy ballroom dancing and like to show others how they can also enjoy this hobby that holds benefits for both mind and body. They will be talking to our club about how dance has affected them personally, and what dance opportunities are available to us locally. They will tell us about their dance journey from both a man's and a woman's perspective as well. The presentation should be informative and entertaining. I think we'll all enjoy it, and who knows, maybe get involved!

Pantry needs: As usual they can use any food items such as rice, beans, tortillas, peanut butter, oatmeal and pasta. Plus the need for baby items such as food, snacks, diapers, formula, etc. as well as hygiene products are always appreciated.

The next issue will be for **April 2024** and that deadline is **Friday, March 15.**

**Splinters from the February Board Meeting** **Carla Stanley** *(428-1517, searosas53@hotmail.com)*

- Carole Guillory is checking on having the BHS Choir perform for us in December.
- We are planning the June Installation luncheon, discussing a lighter lunch and an entertaining installation ceremony.
- The Fiber Arts interest group is currently making patriotic blankets for Honor Flight participants.
- Large "CSUB 60+ Club" signs are being made so we can use them wherever we are meeting.
- I am talking to Stephanie Lynch, chair of the Commission on Aging, to help plan the May Health and Welfare meeting

**Action Network**

**Sheila Ross**

*(444-6839, sheiro6@aol.com)*

**Fine Arts Music**

**Peggy Bryson**

*(333-5623)*

**Donna Bartlett**

*(833-0721, dshutcherson@yahoo.com )*

No information was received at the time of *Bulletin* publication.

**Fine Arts Theater**

**Billie Swanson**

*(587-2544, billieswanson@icloud.com )*

There are two productions scheduled. Please call to reserve your volunteer spot.

*The River Bride* by Marisela Treviño Orta at the Doré Theatre: Three days before a wedding, a handsome and mysterious man is fished from the Amazon River sending everyone's plans into upheaval in this riveting fable about the complexities of love. Based on Brazilian folklore, *The River Bride* is a tale of true love, regret, and two sisters who struggle to be true to their hearts.

**Thursday-Saturday, March 7, 8 & 9 at 7:30 pm**

**Sunday, March 10 at 2pm**

Cost: \$12 General Admission, \$10 Seniors (60+)/CSUB Faculty & Staff, \$7 Students

In April we have "Theatre of New Voices" written and directed by CSUB students in the Doré Arena.

**Thursday & Friday, April 11 & 12, 7:30 pm**

**Saturday, April 13 at 2 pm & 7:30 pm**

**Sunday, April 14 at 2:00 pm**

**Walter Stiern Memorial Rose Garden**

**Carla Stanley**

*(428-1517, searosas53@hotmail.com)*

The roses have been pruned and mulched. Now we can just admire them. Nothing to do in the garden in March but watch the flowers bloom.

Four Golden Celebration roses have been planted to recognize CSUB's 50th anniversary.

The Rose Committee is also working on the Gordon Callison Memorial Garden planting annuals three times a year. Please let me know if you would like to help.

**Well Sample Repository**

**Kim Jones**

*(619-985-5127, kimithjones@gmail.com)*

The first repackaging date at Well Repository was a success. We got back into the rhythm of things after the four-year hiatus that started with COVID. The dates for the next three repackaging Wednesdays are: March 20, April 24 and May 22 at 9 am. Please let me know if you want to join us if you have yet not participated as there is limited space & some prior training required.



**Interest Groups****Sheila Ross***(444-6839, sheiro6@aol.com)***Conversations with the Professor****Ted Murphy***(325-0307, tmurphy@bak.rr.com)*

We welcome CSUB Professor of Fine Arts Joyce Kohl. She will speak about the public art project that is finally underway for the Claremont Metro Station after being in the planning stages for the last 19 years! She'll touch on the fused glass work, as well as some previous public art projects. She'll also show images from her recent adventures volunteering with Earthwatch projects, including researching nesting penguins in Patagonia, Orcas in Iceland and small owls in the Chiricahua mountains of Arizona. She will teach Fall Semester 2024 as her last time, after thirty-five or so years teaching at CSUB.

The session will commence at **2 pm on Monday, March 18** in the Dezember Leadership Center Room 402D.

**Crafty Paper Arts****Karen Polyniak***(246-8763, kpoly@earthlink.net )*

We will meet ON A DIFFERENT TUESDAY IN MARCH. On **Tuesday, March 5 at 1 pm**, we will create a water lily. We meet at the Wilson Branch of the Kern County Library, 1901 Wilson Road. Cross street is Fremont St between Hughes Lane & South H Street. Parking is in back & the entrance is on Fremont St but if you want to take a shortcut, you can enter from the parking lot to the staff entrance & ring their doorbell. All materials will be provided.

**Dinner Club****Linda Cohen***(599-0799, linmar@bak.rr.com )*

The Dinner Club will meet on **Tuesday, March 19 at 5:30 pm** at Blue Elephant Thai Cuisine, 8200 Stockdale Highway. Please reserve your spot by Monday, March 18.

**Fiber Arts****Judy Lawhead***(364-3525, Judy.Lawhead@sbcglobal.net )*

We meet weekly **Wednesday morning at 10 am** at Panera Bread at 4108 California Ave. We work on individual projects and items for donation. While we do a lot of knitting and crocheting we also welcome members who like to loom, cross stitch, needlepoint, embroider and do tatting. We have teachers and supplies for those who would like to learn to knit and crochet. And we would welcome anyone that would like to just have a cup of coffee and visit.

**Fun & Games****Carole & Bob Guillory***(665-2148, bcguillory@sbcglobal.net )*

Our next Fun and Game Day will be on **Wednesday, March 6**. We will meet at Round Table Pizza on 4200 Gosford Road in the small party room. The no-host lunch will be at **noon** with the games starting at **1 pm**. Please join us for a fun afternoon playing Mexican Train, Mah Jongg and Phase 10. If you have a new game you would like to introduce to the group bring it with you.

**Lunch Bunch** **Nancy Hine** *(619-7539, smilenhine@hotmail.com)*

On the second **Wednesday, March 13**, Lunch Bunch will dine at the new Frugatti's. We'll meet at **11 am** to get beverages and check out the menu, then order as a group at **11:30 am**. They have wines, seafood, several vegetarian options, and – oh yeah – Italian food. Located off 8109 Brimhall Rd, BEHIND the SW corner of Coffee Rd. You can only reach it from Brimhall; no driveway on Coffee. NOTE: The building has a large sign saying “Frugatti’s” on the Coffee roadside, but the Brimhall roadside only has a huge sign saying “Perone”. The main entrance to the building is actually on their northwest corner and mercifully has a small “Frugatti’s” sign over it. The driveway is long path from Brimhall. Handicapped parking is on the north side. Please contact Nancy Hine to reserve a place.

**Readers Group** **Kathy Wagner** *(805-8767, Jonwag49@earthlink.net)*

The Readers’ Group will meet on **Wednesday, March 20 at 2 pm.** at 9503 Bloomsbury Ct. We will discuss *The Winds* by Kristin Hannah. If you have any questions, please call 428-1517. For further information, please call Kathy Wagner.

<b>MARCH 2024</b>						
<b>S</b>	<b>M</b>	<b>T</b>	<b>W</b>	<b>T</b>	<b>F</b>	<b>S</b>
					1	2
3 Duke’s Concert 4p	4	5 Crafty Paper Arts 1p	6 Fiber Arts 10a Fun & Games 1p	7 Board Meeting 1:30p CSUB Theatre 7:30p	8 CSUB Theatre 7:30p	9 CSUB Theatre 7:30p
10 Daylight Savings Begins CSUB Theatre 2p	11 Ramadan Begins	12	13 Fiber Arts 10a Lunch Bunch 11a	14 General Meeting 2p	15 Bulletin Deadline	16
17 St Patrick’s Day	18 Convo w/ Prof 2p	19 Spring Begins Dinner Club 5:30p	20 Fiber Arts 10a Readers 2p	21	22	23
24 Palm Sunday	25	26	27 Fiber Arts 10a	28	29 Good Friday	30
31 Easter						

**Fred & Beverly Dukes Memorial Concert Series** (<https://fccbakersfield-ucc.org/dukes-concert>).  
 The Dukes were members of the 60+ Club and had endowed these concerts.  
 First Congregational Church/UCC on **Sundays at 4 pm**. Location is in the sanctuary of the church at 5 Real Rd. (at the corner of Stockdale Hwy. and Real Rd).  
**March 3** - BAKERSFIELD WINDS directed by David Green. Woodwind instrumentalists performing classical favorites.  
**April 21** - VINCE GALINDO, KYLE APPLETON & FRIENDS with country songs and jamming guitars.

# THE BULLETIN

OF THE 60+ CLUB

Volume 38, Number 7  
April 2024  
Karen Polyniak, Editor

CALIFORNIA STATE UNIVERSITY BAKERSFIELD  
19AW, 9001 Stockdale Highway Bakersfield, CA 93311  
[www.csub.edu/60plus](http://www.csub.edu/60plus)

## President's Message

Carla Stanley

(428-1517, [searosas53@hotmail.com](mailto:searosas53@hotmail.com))

We had a lovely time at our general meeting with John and Ranae Harrer sharing with us their adventures in ballroom dancing. It always surprises me how interesting all of our programs are, even those I didn't think I would care about. One of the great things about the 60+ Club is the variety of activities to try. You never know who you will meet or what you will learn! Speaking of learning, check out our speaker for April.

Elder College is just around the corner. We need your registration by **April 5**. For a low price of \$100, we offer you the following: **Wednesday, April 17**, we will be at Hodel's learning about the Kern Canyon and Kern River Valley; **Thursday, April 18**, we will take a bus ride up the Kern Canyon to Kern River Valley. You can also go to just the seminar or the bus trip for \$50. Details and application starts on page 6.

Thank you for everyone who volunteered to be considered as officers for the coming year. Those I have talked to wonder what they will be getting into. Don't worry, we will help you help the 60+ Club be better with all of your new ideas. We would love new ideas for activities from any of our membership. You don't have to be an officer to help. The Election and Ballot information starts on on page 10.

The next board meeting will be **Thursday, April 4 at 1:30 pm** at the University Advancement conference room. Anyone is welcome to attend, but we have limited space. Any non-board member needs to contact me ahead of time.

## Communications Committee

Vice Presidents (Programs)

Carole Guillory

(665-2148, [bcguillory@sbcglobal.net](mailto:bcguillory@sbcglobal.net))

Assistant to VP (Programs)

Jane Cuellar

(388-7154, [jacuellar58@gmail.com](mailto:jacuellar58@gmail.com))

**General Meeting - Thursday, April 11 at 2 pm** in the Stockdale Room which is located at the Runner Café. Parking will be in Lots M and K1. Place your parking pass on your dash.

Our speaker will be Christina Lopez of CSUB. She is an Admissions Specialist for various undergraduate majors and has worked at CSUB for 5+ years. She also oversees the Transfer Success Pathway Program and the 60+ waiver program, plus she teaches first-year seminar for freshmen students, serves as a 'Runner Scholars Mentor and sits on various committees. Her talk will be about the special waiver program allowing those of us over 60 in age to take CSUB courses for a nominal fee.



Pantry needs: There is always a demand for instant ready-to-eat foods. They are grateful for any food, hygiene products or baby items; so bring your preference. They really appreciated the baby products last month as they were completely out of these items..

## *In Memoriam*

Charlene Edwards  
(July 16, 1938 – March 4, 2024)  
Longtime 60+ Member & Board Member  
Coordinator of Lunch Bunch



### **Editor's Note**

**Karen Polyniak**

*(246-8763, [kpoly@earthlink.net](mailto:kpoly@earthlink.net) )*

The next issue will be for **May -June 2024** and that deadline is **Monday, April 15.**

### **Splinters from the March Board Meeting**

**Carla Stanley** *(428-1517, [searosas53@hotmail.com](mailto:searosas53@hotmail.com))*

- Current membership-108
- Current balance: Elder College - \$9252,09, General Fund - \$8408.50
- Scholarship update: The scholarship committee will be meeting the end of April to select a recipient for our scholarship.
- Elder College update: The board voted to allow members to pay \$50 to do either the bus trip or the seminar.
- May Health and Wellness Fair: Planning is ongoing. We are working with Aging and Adult Services and the Commission on Aging on this first fair to get the best representatives to talk to you about all of services available to us, many of them free.
- 60+ Club will continue to meet at CSUB. We will also continue to have off campus activities

### **Action Network**

**Sheila Ross**

*(444-6839, [sheiro6@aol.com](mailto:sheiro6@aol.com))*

### **Fine Arts Music**

**Peggy Bryson**

*(333-5623)*

**Donna Bartlett**

*(833-0721, [dshutcherson@yahoo.com](mailto:dshutcherson@yahoo.com) )*

There are several music events in April listed at the Music website: [www.csub.edu/music](http://www.csub.edu/music).

CSUB New Music Concert featuring students and guest composer Ralph Lewis

**Thursday, April 4 at 7:30 pm** at the Music Building, Room 127

Free Admission and free Parking in Lots B & C

Jazz Coffeehouse – Night of music by small ensembles, including music new and old by students and community members, with featured performers pianist Amanda Fese & saxophonist Migues Melendrez.

**Saturday, April 6 at 7:30 pm** at the Music Building, room 127

Cost: \$10 General Admission, \$5 Seniors (60+), Students with ID: Free

Piano Studio Recital

**Thursday, April 11 at 7:30 pm** in the Music Building, Room 127

Free Admission

Guest Artist Stephen Drury Piano Recital: Complete Ives Piano Sonatas by New England Conservatory faculty member

**Tuesday, April 16 at 7:30pm** at the Doré Theatre

Cost: \$12 General Admission, \$7 Seniors (60+) & Students, CSUB Students with ID: Free

44th Annual Jazz Jam featuring Artist Jacám Manricks

**Friday, April 19 at 7:30pm** at the Doré Theatre

Cost: \$15/general, \$10/seniors (60+), \$5/students (ID required)

CSUB Opera Theatre: Transformations - Music by Conrad Susa, Libretto by Anne Sexton - Mature themes, Audience discretion advised. Music Director: Soo-Yeon Park, Stage Director: Mandy Rees & Conductor: Leo Sakomoto

**Friday, April 26 at 7:30pm** at the Doré Theatre -

Cost: \$15 General Admission, \$10 Seniors (60+) & Students, Sunday, April 28 at 2:00pm

Chamber Music Concert featuring students perform in a wide variety of small group settings.

**Sunday, April 28 at 2:00pm** in the Music Building, Room 127

Cost: \$12 General Admission, \$7 Seniors (60+) & Students, CSUB Students with ID: Free

**Fine Arts Theater**

**Billie Swanson**

(587-2544, [billieswanson@icloud.com](mailto:billieswanson@icloud.com))

I want to send a special thank you to all volunteers for last play *The River Bride*.

Next performance is the annual "Theatre of New Voices" written and directed by CSUB students. These are one-act plays that were selected through a competition last spring. It will be held in the the smaller Arena Theatre, so seating is limited. If you have a special day and time to volunteer please call Billie Swanson

**Thursday & Friday, April 11 & 12, 7:30 pm**

**Saturday, April 13 at 2 pm & 7:30 pm**

**Sunday, April 14 at 2:00 pm**

Cost: \$12 General Admission, \$10 Seniors (60+)/CSUB Faculty & Staff, \$7 Students

**Walter Stiern Memorial Rose Garden**

**Carla Stanley**

(428-1517, [searosas53@hotmail.com](mailto:searosas53@hotmail.com))

Walter Stiern Memorial Rose Garden- **Saturday, April 13 from 9-10 am.**

We will meet at the rose garden to do some trimming and dead-heading. The new blooms are just starting. There will also be weeding to tend to for those who like to weed. Bring your pruning shears and gloves, as well as a bucket or bag for your trimmings. Contact me if you have any questions.



Gordon Callison Memorial Garden

The first planting of this garden was done the end of February with annuals adding color to their small corner of campus. The next planting will be **Thursday, June 20 from 10 – 11 am**. Bring gloves and a small spade or garden fork to remove old annuals and plant new ones. Park at the end of the library parking lot and walk by the creek and the koi pond, go pass the library steps and you will find the garden on the left hand.

**Well Sample Repository**                      **Kim Jones**                      *(619-985-5127, kimithjones@gmail.com)*

The first repackaging date at Well Repository was a success. We are continuing to repack samples at the Well Repository. The dates for the next repackaging **Wednesdays** are: **April 24 and May 22 at 9 am**. Please let me know if you want to join us if you have yet not participated as there is limited space & some prior training required.

**Interest Groups**                                      **Sheila Ross**                                      *(444-6839, sheiro6@aol.com)*

**Conversations with the Professor**                      **Ted Murphy**                      *(325-0307, tmurphy@bak.rr.com)*

On **Monday, April 15 at 2 pm**, we will welcome Dr. Jianyu “Jane” Dong, dean of CSUB School of Natural Sciences, Mathematics and Engineering (NSME) will speak on “NSME - The Future Starts Here”. Dr Dong earned her PhD in Electrical and Computer Engineering at The Ohio State University and came to CSUB in July 2022 from Cal State LA & UCLA. She will describe the NSME programs, and the Professors and students at the school.



Location: Dezember Leadership Center Room 402D, located east of the tennis courts by the CSUB President’s office.

**Crafty Paper Arts**                                      **Karen Polyniak**                                      *(246-8763, kpoly@earthlink.net )*

We will meet on **Tuesday, April 9 at 1 pm** to create a 7-flower pop-up card. We meet at the Wilson Branch of the Kern County Library, 1901 Wilson Road. Cross street is Fremont St between Hughes Lane & South H Street. Parking is in back & the entrance is on Fremont St but if you want to take a shortcut, you can enter from the parking lot to the staff entrance & ring their doorbell. Bring your scissors and glue sticks, all other materials will be provided. Next month we meet **Tuesday, May 7**.



**Dinner Club**    **Linda Cohen**    *(599-0799, linmar@bak.rr.com )*

Dinner Club will meet on **Tuesday, April 16 at 5:30 pm** at Sorella, 7900 McNair Lane. Please make your reservations by Monday, April 15.

**Fiber Arts**    **Judy Lawhead**    *(364-3525, Judy.Lawhead@sbcglobal.net )*

We meet weekly **Wednesday morning at 10 am** at Panera Bread at 4108 California Ave. We work on individual projects and items for donation. While we do a lot of knitting and crocheting we also welcome members who like to loom, cross stitch, needlepoint, embroider and do tatting. We have teachers and supplies for those who would like to learn to knit and crochet. And we would welcome anyone that would like to just have a cup of coffee and visit.

**Fun & Games****Carole & Bob Guillory****(665-2148, [bcguillory@sbcglobal.net](mailto:bcguillory@sbcglobal.net))**

**Wednesday, April 3** will be our next Fun and Game Day. It will be at the usual place, Round Table Pizza at 4200 Gosford Road. Come at **noon** and enjoy a no-host lunch; then at **1 pm** we will start the Mexican Train, Mah Jongg, and Phase 10 games. Don't forget we are always interested in learning new games.

**Lunch Bunch****Nancy Hine****(619-7539, [smilenhine@hotmail.com](mailto:smilenhine@hotmail.com))**

Lunch Bunch will dine at MIMOSA on the second **Wednesday, April 10**. Yes, you can order a flight of mimosas - a bottle of champagne with 4 juices to flavor it. Mimosa is another somewhat hidden gem. It faces Lengthwise NW brewery in a plaza on the north side of Flushing Quail and Calloway. If you travel north on Calloway just above Rosedale, the first driveway past Flushing Quail goes directly into their parking lot. A U-turn at the Flushing Quail signal will also accomplish this. If you turn east onto Flushing Quail, then enter the next LEFT driveway, turn left again, pass a few doors, then park across from the patio appearing between Mimosa and Lengthwise. It's hard to see Mimosa's door, as it is actually on a bevel of the building, isometric to that of Lengthwise Brewery. We will gather at **11 am**. and place our orders at **11:30**. This owner and manager Mitesh is much better about being set up in advance for us. He runs another restaurant we enjoyed called Skilletts. Mimosa has different American food from Skilletts, a great chef, and lots of variety. Their prime rib-cheese-melt w French dip and fries are to die for. Salads are gorgeous. Reserve your spot with Nancy Hine by Tuesday, April 9.

**Readers Group****Kathy Wagner****(805-8767, [Jonwag49@earthlink.net](mailto:Jonwag49@earthlink.net))**

Due to Elder College, the Reader's Group will meet **Wednesday, April 24 at 2 pm**. We will discuss *Demon Copperhead* by Barbara Kingsolver. Our meeting will be at 6719 Chinook Falls Drive. The phone number is 747-9563. If you have further questions, call Kathy Wagner.

**Fred & Beverly Dukes Memorial Concert Series** (<https://fccbakersfield-ucc.org/dukes-concert>).

The Dukes were members of the 60+ Club and had endowed these concerts.

First Congregational Church/UCC on **Sundays at 4 pm**. Location is in the sanctuary of the church at 5 Real Rd. (at the corner of Stockdale Hwy. and Real Rd).

**April 21** - VINCE GALINDO, KYLE APPLETON & FRIENDS with country songs and jamming guitars.

**60+ Club Scholarship Donation**

We have been awarding a \$1500 scholarship to a CSUB nursing student or one pursuing a career in Education every year since 2019. Please help us continue this activity by donating to our scholarship fund. If 60 people gave \$25 each, this year's scholarship will be your personal gift to help a deserving student through their last year of classes.

Please make your check out to  
"CSUB FOUNDATION"  
Write "60+ Club Scholarship"  
in the memo section of your check.

Mail to:  
University Advancement  
CSU Bakersfield  
9001 Stockdale Hwy  
Mail Stop 19AW  
Bakersfield, CA 93311-1022

APRIL 2024						
S	M	T	W	T	F	S
	1	2	3 Fun & Games 1p	4 Board Meeting 1:30p CSUB Music 7:30 p	5 Elder College Registration Deadline	6 CSUB Music 7:30 p
7	8	9 Crafty Paper Arts 1p	10 Fiber Arts 10a Lunch Bunch 11a	11 General Meeting 2p CSUB Music 7:30 p	12 CSUB Theatre 7:30p	13 Rose Garden 9a CSUB Theatre 2 & 7:30p
14 CSUB Theatre 2p	15 Bulletin Deadline Convo w/ Prof 2p	16 Dinner Club 5:30p CSUB Music 7:30 p	17 Fiber Arts 10a <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 5px auto;">Elder College</div>	18	19 CSUB Music 7:30 p	20
21 Duke's Concert 4p	22	23	24 Well Sample 9a Fiber Arts 10a Readers 2p	25	26 CSUB Music 7:30 p	27
28 CSUB Music 2 p	29	30				

**Elder College** **Carla Stanley** **(428-1517, [searosas53@hotmail.com](mailto:searosas53@hotmail.com))**

Elder College 2024 will be a two-day classroom/field trip event **Wednesday-Thursday, April 17-18**. We hope to prime your mind in the "classroom" as experts speak on the fascinating history of man and nature in the Kern Canyon—Kern's Grand Canyon. The next day we will take a bus trip up the scenic Kern Canyon. Payment is due **Friday, April 5**. Cost is \$100 per person for the entire 2-day event or \$50 per person for each of the one-day events (Seminar or Field Trip). Participants must have completed the Emergency Contact Form when your 60+ membership was paid. Also, the attached “Waiver of Liability” must be submitted for attending the Field Trip.

**Seminar at Hodel’s Restaurant - Wednesday, April 17**

The all-day Seminar will be held at Hodel’s Country Dining located at **5917** Knudsen Dr in Bakersfield and includes continental breakfast, buffet lunch and snacks. The doors will open at **8:30 am** for registration. Speakers include:

- Reed Tollefson, Manager of the Kern River Preserve located in Weldon, recognized as a “Globally Important Bird Area" where 339 bird species have been recorded and 200 species nest.
- Geologists Tony Reid & Dr. Gregg Wilkerson (CSUB Geology Department) to speak of the origins of the Kern River and other related topics
- Tübatulabal Elder Robert Gomez will speak about the Indigenous people of the Kern River and bring artifacts

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### **Field Trip via Bus - Thursday, April 18**

The Field Trip will be an all-day excursion as we travel to Kernville. We will be led by docents at both the Nuui Cunni Native American Intertribal Cultural Center and the Kern River Valley Museum, plus have lunch near the river. Starting at **7:30 am** for registration, we will board a bus at the CSUB south Parking Lot I close to the entrance from Camino Media – please display your 60+ parking pass.

Lunch for the Field Trip will be at Ewings on the Kern and includes the following options. Please contact Sheila Ross at (661) 444-6839 to indicate what meal you would like:

- One-half turkey sandwich with a salad (salad dressings include: blue cheese/Italian/Ranch/Balsamic/Oil & Vinegar/Honey Mustard)
- Smash burger tacos
- Mozzarella pizza (sauce and cheese)

### **ELDER COLLEGE RESERVATION FORM**

Fee - please indicate session choice:

- \$100 per person for April 17 Seminar and April 18 Field Trip
- \$50 per person for April 17 Seminar
- \$50 per person for April 18 Field Trip

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

E-mail address \_\_\_\_\_ Telephone \_\_\_\_\_

Please make out checks to **“CSUB Foundation”** with the memo line indicating “Elder College”. Mail with this registration form and completed “Waiver of Liability” form for Field Trip to address below:

California State University, Bakersfield  
Office of Alumni Engagement/Alumni Association  
Mail Stop 19AW/1005  
9001 Stockdale Highway  
Bakersfield, CA 93311-1023

(write “Elder College” on lower left corner of the envelope)



**WAIVER OF LIABILITY, PROMISE NOT TO SUE, ASSUMPTION OF RISK AND AGREEMENT TO PAY CLAIMS**

Activity: CSUB 60+ Club Elder College Bus Field Trip

Activity Date(s) and Time(s): April 18, 2024 from 7:30am to 6pm

Activity Location(s): From CSUB to Kernville, California

In consideration for being allowed to participate in the above-referenced Activity, on behalf of myself and my next of kin, heirs, representatives, and assigns, I hereby **release, waive, and discharge from all liability and promise not to sue** the State of California, the Trustees of The California State University, California State University, Bakersfield and their employees, officers, directors, volunteers and agents (collectively the “University”) from any and all liabilities or claims, **including claims of the University’s negligence**, resulting in any physical or psychological injury (including paralysis and death), illness, damages, property loss, or economic or emotional loss I may suffer because of my participation in the Activity, including travel to, from and during the Activity.

I am voluntarily participating in this Activity. I am aware of the risks associated with traveling to/from and participating in this Activity, which include but are not limited to physical or psychological injury, pain, suffering, illness, disfigurement, temporary or permanent disability (including paralysis), economic or emotional loss, and/or death. I understand that these injuries or outcomes may arise from my own or other’s actions, inaction, or negligence; conditions related to travel; or the condition of the Activity location(s). **Nonetheless, I assume all related risks, both known or unknown to me, of my participation in the Activity, including any associated use of University facilities or premises and any travel to, from and/or during the Activity.**

I agree to **indemnify and hold** the University **harmless** from any and all claims, actions, suits, costs, expenses, and liabilities, including attorney’s fees or damage to my property, that arise out of my participation in the Activity, including any associated use of University facilities or premises and any travel to, from and/or during the Activity. If the University incurs any of these types of expenses, I agree to reimburse the University. If I need medical treatment, I agree to be financially responsible for any costs incurred as a result of such treatment. I am aware and understand that I should carry my own health insurance.

I am 18 years or older. **I understand the legal consequences of signing this document, including (a) releasing the University from all liability, (b) promising not to sue the**

(continued next page)

**University, (c) and assuming all risks of participating in the Activity, including travel to, from and during the Activity.**

I understand that this document is written to be as broad and inclusive as legally permitted by the State of California. I agree that if any portion is held invalid or unenforceable, I will continue to be bound by the remaining terms.

[In the event that any foreign language translation of this document has been attached hereto by the University, the English language version of this document shall be the authoritative version. The English language version shall be controlling in all respects and shall prevail in case of any inconsistency with the translated version].

I have read this document in its entirety, fully understand its terms, and acknowledge that I am signing it freely and voluntarily. **No other representations concerning the legal effect of this document have been made to me.**

Participant Signature: \_\_\_\_\_

Participant Name (print): \_\_\_\_\_ Date: \_\_\_\_\_

If the Participant is under 18 years old:

I, the parent/legal guardian of the Participant identified above hereby agree to all of the above on behalf of the Participant

Parent/Guardian Name (print): \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Thank you to all that volunteered to be members of your 60+ Board. The Ballot is on the next page and is due before our May General Meeting.

Here are some brief biographies submitted by nominees so that you can get to know them better:

Jane Cuellar – Candidate for Co-Vice President (Programs)

I joined the 60+ club this last year and have been retired for two years. Most recently I was a self-employed CPA and was teaching part time at Bakersfield College. Currently I fill my time learning to speak Spanish, playing pickleball, quilting, engaging in dog sports, traveling, and watching plays, as well as other activities.

Carole Guillory– Candidate for Co-Vice President (Programs)

My husband, Bob, and I joined CSUB 60+ Club about 15 years ago. We volunteered our time with CSUB events. Several years ago, I became a Director-at-Large; then moved to Vice President-Programs. This year I am pleased to have a Co-Vice President, Jane Cuellar, working with me. We arrange for speakers that will be of interest to our members.

Jeff Stoltz – Candidate for Treasurer

I worked for multiple Oil Companies and Engineering Design firms over 40+ years. I am a Mechanical Engineer by degree. I held multiple positions, but the key skill set was as a Project Engineer. I believe this background and attention to cost details would be a good fit for the CSUB 60+ treasurer position.

Jewel Benoit – Candidate for Director

I received my Bachelor of Arts from CSUB in Arts and Sciences with a minor in Business Management. I enjoyed a career as an Evaluator in the School of Education at the University. After serving a 15-year career at CSUB, I am now a volunteer with CSUB's 60+ Club. One of my greatest achievements include raising my son Keith. I serve as church usher, greeter, and positions of hospitality in both the public and private sector. I am active, curious, and interested in lifelong learning. I love to travel and have a zest for life.

Jane Decker – Candidate for Director

I graduated from CSUN in 1971. I traveled the country and arrived in Bakersfield in 1980. I enrolled in the CSUB Nursing program in 1980, graduating in 1984. I became a School Nurse. I worked for Bakersfield City Schools and Delano Union Elementary District retiring in 2011. I have raised four children here ages 45 down to 19. I joined the 60+ group in September 2023. I have enjoyed participating in many of the activities that are available and pass the word around to others. I hope to contribute whatever I can.

**\*\*\*Ballot for 60+ Club Officers and Board of Directors\*\*\***

The Nominations and Election Committee presents the following nominees for 2024-2025.

Should you prefer another candidate, provision is made to vote for a write-in candidate.

Please mark your preference for each position with an "X".

**If there are two 60+ members in your household, one may also mark an X in the square provided for a possible write-in candidate and also write that nominee's name on the blank line provided below.**

		<b>Write-in Candidate</b>
President	<input type="checkbox"/> Carla Stanley	<input type="checkbox"/> _____
Co-Vice Presidents (Programs) Note: Vote for 2	<input type="checkbox"/> Jane Cuellar	<input type="checkbox"/> _____
	<input type="checkbox"/> Carole Guillory	<input type="checkbox"/> _____
Vice President (Membership)	<input type="checkbox"/> Lois Hess	<input type="checkbox"/> _____
Secretary	<input type="checkbox"/> Antoinette (Toni) Smith	<input type="checkbox"/> _____
Treasurer	<input type="checkbox"/> Jeff Stoltz	<input type="checkbox"/> _____

**Director Candidates for two-year term, 2024-2026. Vote for 2 Candidates.**

		<b>Write-in Candidate</b>
<input type="checkbox"/> Jewel Benoit	<input type="checkbox"/>	_____
<input type="checkbox"/> Jane Decker	<input type="checkbox"/>	_____

Please return this Ballot by **May 8** to:

**Write "BALLOT" on  
Outside of Envelope**

60+ Club, University Advancement, 19 AW  
California State University, Bakersfield  
9001 Stockdale Highway  
Bakersfield, CA 93311-1022

**OR**

Email to Kathy Wagner at [Jonwag49@earthlink.net](mailto:Jonwag49@earthlink.net)