

TikTalk: A Timely Discussion

EOP Hosts First Monthly Meet of the Spring



Last week, EOP hosted its first Monthly Meet for the Spring semester, titled “TikTalk: A Timely Discussion.” The discussion explored how concepts of time have evolved and create unique time dilemmas for first-generation students. Participants were shown how to generate and understand their screen time and digital wellbeing reports. Using these reports, students categorized and placed their findings around the room, reflecting on the biggest reported uses of their time. Co-presenter Steve Walsh asked participants to visualize time as boxes on a conveyor belt, emphasizing we cannot control the speed, size, or whether the belt moves forward, but *we can control what we place in the boxes and when*. A version of this discussion will be released later this week as a podcast.



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