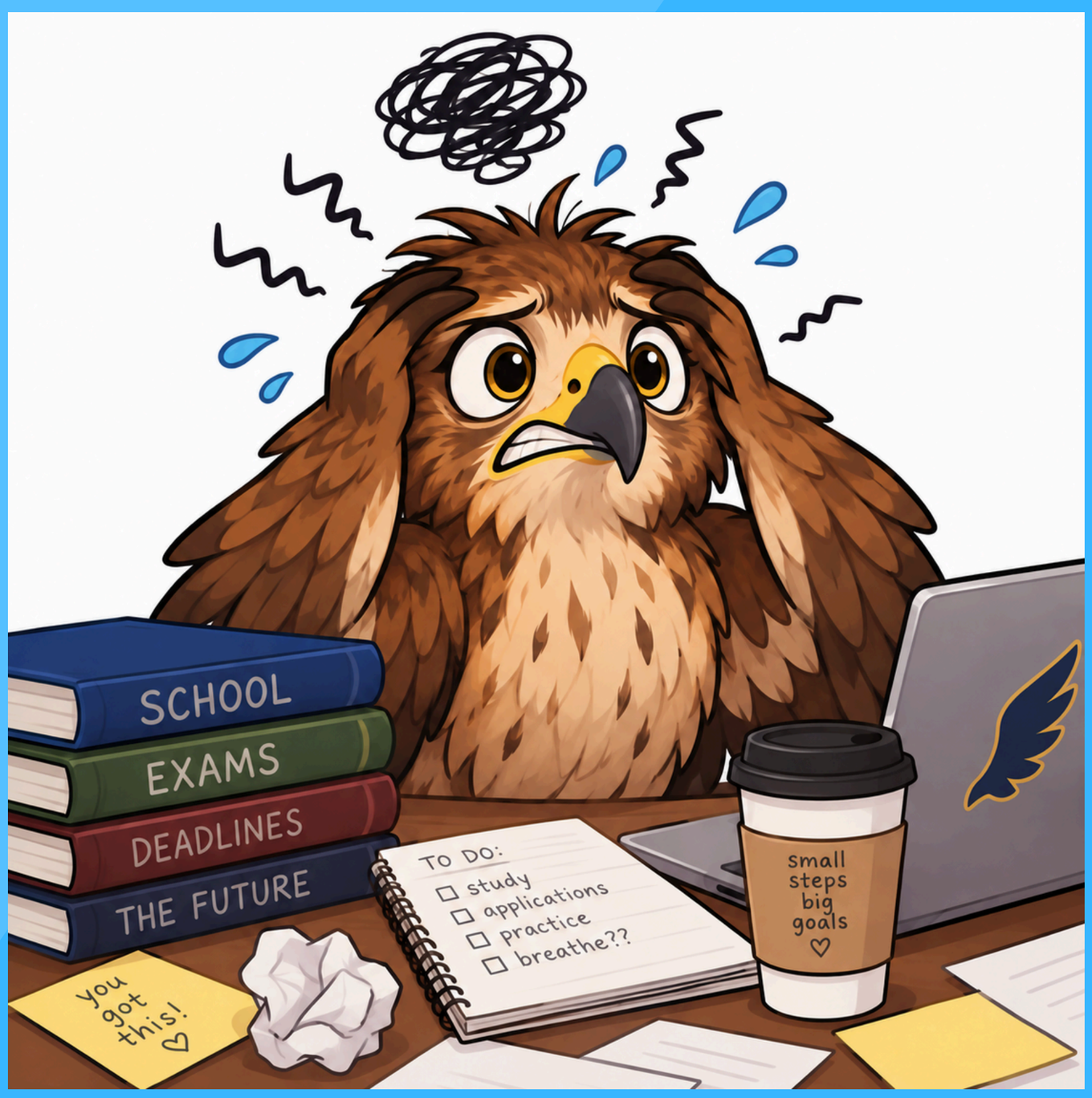
Friday, November 13th, 11:30am-1pm

Location: Hum. (HOB) 1107

HELEN LOUISE HAWK HONORS PROGRAM MENTAL HEALTH DAY FALL 2026



Join us for a relaxing midday event focused on wellness, connection, and self-care. The Counseling Center is joining us to offer helpful advice through creative activities. Lunch will be provided! 🧠✨