

Tie Dye Without Tech











Diagonal stripes

1. Lay the sheet flat. Starting from the bottom left corner, fold the sheet in a series of 1" accordion folds. Alternate the folds back and forth, like you're making a concertina.
2. Folding the left alone can be a little tricky but try to keep it in line with the rest of the folds.
3. Secure the folded sheet with rubber bands, placing a rubber band every 1 to 2 inches.



Traditional spiral:

1. Start by pinching a small section in the center of the shirt. Roll on to that small section, while you twist the shirt clockwise.
2. Keep twisting, keeping your fingers close to the surface of the table so the spiral stays flat.
3. As you twist, the shirt will feel as if it's rolling like a fat cinnamon roll.
4. Secure the shirt with 2 or 4 rubber bands, crisscrossing them over the center of the disc. The tighter you bind the shirt, the more white areas there will be.
5. Apply a different color of dye in each "wedge" created by the crisscrossing rubber bands. Apply the colors in rainbow order to get a rainbow spiral design.